

# U.S. Heat Health Planning, Preparedness, Response

*The National Integrated Heat Health Information System*

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National Integrated Heat Health Information System (NIHHIS)

NOAA Climate Program Office



<http://climate.gov/nihhis>



# NOAA's Line Offices & Activities

**NMFS**  
National Marine Fisheries  
Service

- Productive and sustainable fisheries, safe sources of seafood, the recovery and conservation of protected resources, and healthy ecosystems.

**NOS**  
National Ocean Service

- Provides data, tools, and services for safe & efficient transportation & commerce, preparedness & risk reduction, stewardship, recreation, and tourism.

**NESDIS**  
National Env. Satellite Data and  
Information Service

- Manages NOAA's satellites (GOES, Jason-3, Suomi NPP, DSCOVR, COSMIC-2, etc...) & climate data center – the National Center for Env. Information

**OAR**  
Oceanic and Atmospheric  
Research

- Labs & Cooperative Institutes nationwide, research grant programs, & international research activities

**NWS**  
National Weather Service

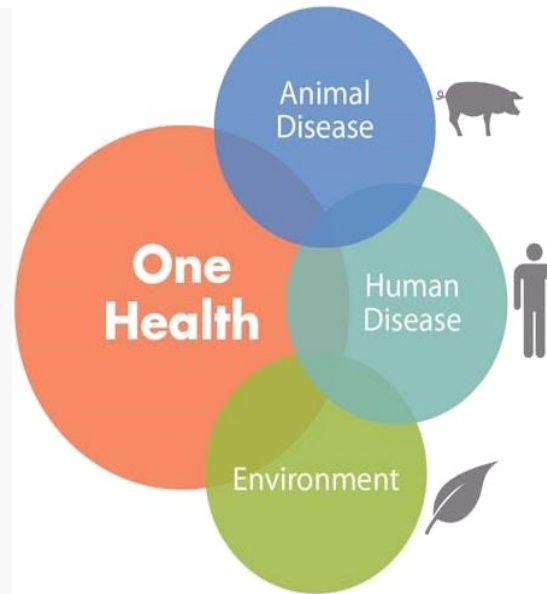
- Weather and climate prediction, early warning, engagement across US Weather Forecast Offices, partnership with Weather Ready Nation Ambassadors

**OMAO**  
Office of Marine and Aviation  
Operations

- One of 7 US Uniformed Services (*like US Public Health Service Commissioned Corps*)

# NOAA's One Health Approach

Human health is intimately tied to environmental conditions, and NOAA provides key stakeholders in the public health sector with the environmental intelligence from NOAA they need to mitigate emerging health threats.



## Need for One Health:

- Growing population
- Changing climate
- Predicting and planning increasing disease and extreme weather threats

## Goals:

- Interdisciplinary approaches, programs, research
- Information sharing
- Better disease prevention

### Extreme Conditions

Heat, Drought,  
Severe  
Weather

### The Arctic

Dramatic climate-driven changes to regional ecosystems impact local human health

### Air Quality

Aero-allergens, pollution  
Weather patterns and  
atmospheric drivers

### Vector-Borne Disease

Climate impacts on ranges and transmission

### Benefits from the Sea

Marine products and nutrition

### Water-Borne Disease

Harmful algal bloom and Vibrio forecasts; Water Quality

### Marine Mammal Disease

Marine Mammal Health M.A.P.  
Unusual Mortality Events

# Selected Significant Climate Anomalies and Events July 2019

## GLOBAL AVERAGE TEMPERATURE

July 2019 average global land and ocean temperature was the highest for July since records began in 1880.

## ARCTIC SEA ICE EXTENT

July 2019 sea ice extent was 19.8 percent below the 1981–2010 average—the smallest July sea ice extent since satellite records began in 1979.

## ASIA

As a whole, Asia had its eighth warmest July on record.

## ALASKA

Alaska had its warmest July since statewide records began in 1925.

## EUROPE

Europe had its 15th warmest July on record. Another intense heat wave affected Europe during July, with several countries setting new national temperature records.

## ISRAEL

Several stations across Israel had record-breaking temperatures during July.

## HONG KONG

Hong Kong's July 2019 minimum temperature was the highest for July on record.

## HURRICANE BARRY

(July 11–19, 2019)

Maximum winds - 120 km/h  
Slow-moving Barry brought flash floods to Louisiana and Arkansas. New all-time state record for most rainfall received from a tropical system was set in Arkansas.

## HAWAIIAN REGION

The Hawaiian region had its second highest July temperature departure from average on record, behind 2015.

## SOUTH AMERICA

South America had its 12th highest July temperature on record.

## KINGDOM OF BAHRAIN

The nationally averaged July 2019 mean temperature was the third highest for July since national records began in 1902.

## AUSTRALIA

Warmer-than-average conditions engulfed much of Australia during July 2019, resulting in the fourth highest July mean temperature for the nation.

## AFRICA

July 2019 was Africa's warmest July on record.

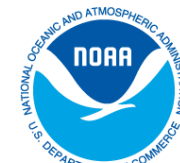
## ANTARCTIC SEA ICE EXTENT

July 2019 sea ice extent was 4.3 percent below the 1981–2010 average—the smallest July sea ice extent on record.

## NEW ZEALAND

New Zealand had its second warmest July on record.

Please Note: Material provided in this map was compiled from NOAA's State of the Climate Reports. For more information please visit: <http://www.ncdc.noaa.gov/sotc>



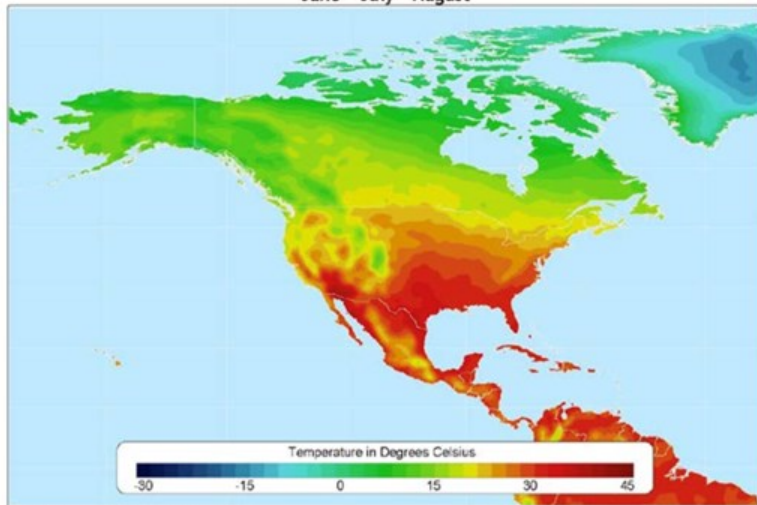
# Agenda

- Extreme Heat in North America & the US – historical context
  - Impacts and changes
- Timescales – weather to climate S2S & Investment
- Weather Timescale – emergency response
  - HQ, Forecast products used, WFO role, definitions and thresholds
  - New products and approaches,
  - What happens with integration with health: example products
- Seasonal, Sub-seasonal, and Long-Term Climate Timescales
- Integrating Health and Other Disciplines
  - NIHHIS
  - Interagency Working Group
  - Pilots to Understand Local Context
  - Current Experimental & Prototype Products
- Scaling up to GHHIN

# North America's Climate

- NA includes every climate zone!
  - North – subarctic and tundra
  - Leeward Mountain side – Semiarid/Desert
  - Mountains - Highlands
  - Continent – Temperate
  - Prairies/Grassland
  - Warmer the farther south you go
  - Drier the farther west you go
  - Mediterranean West Coast
  - Humid to Temperate Continental East
  - Tropical South East

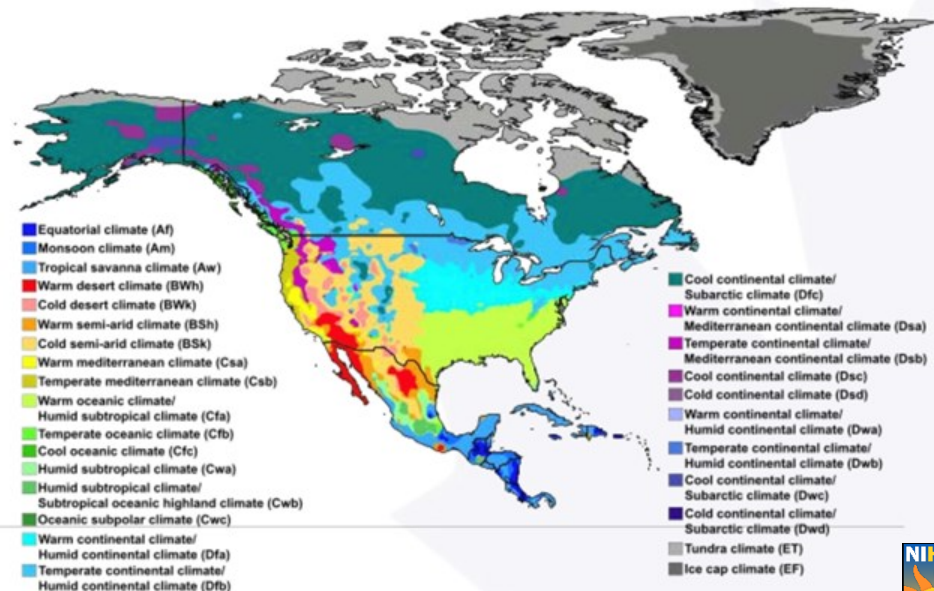
Average Temperature  
June - July - August



Data taken from: CRU 0.5 Degree Dataset (New, et al.)

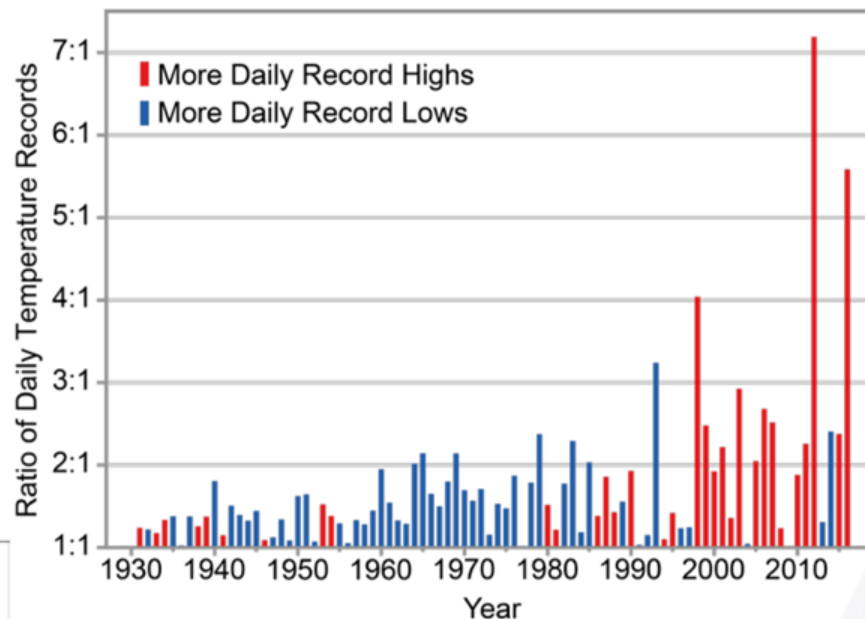
Atlas of the Biosphere  
Center for Sustainability and the Global Environment  
University of Wisconsin - Madison

North America map of Köppen climate classification

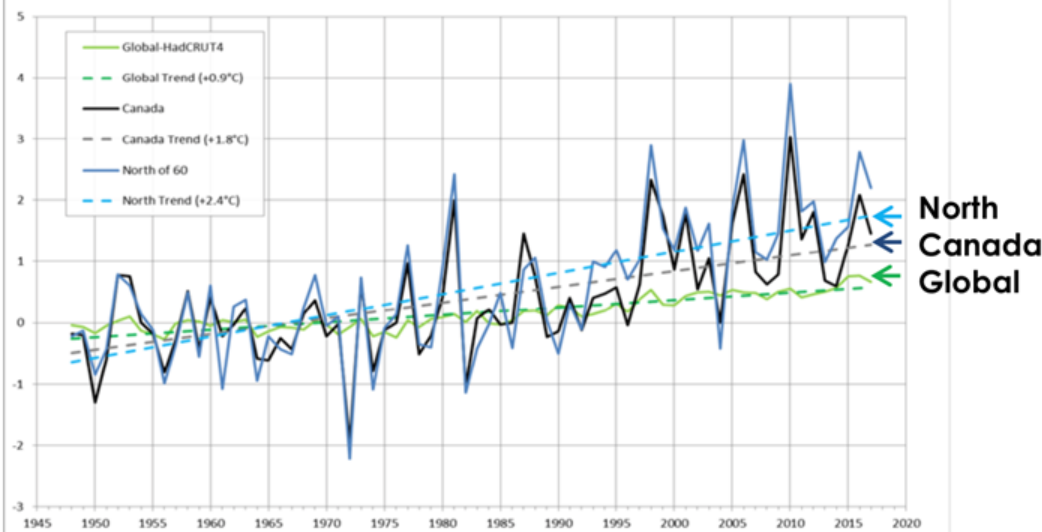


# Warming Trends

The continental United States has warmed by 0.7C from 1986-2016 and by 1C since 1895, increases largest in Alaska and smallest in coastal SE (U.S. Global Change 2017).



Annual Global, National, and Northern Canada mean temperature departures and long-term trend, 1948-2017



Canada warmed 1.7C from 1950 to 2016, twice the global average with northern Canada warming more quickly than the south (ECCC 2018).

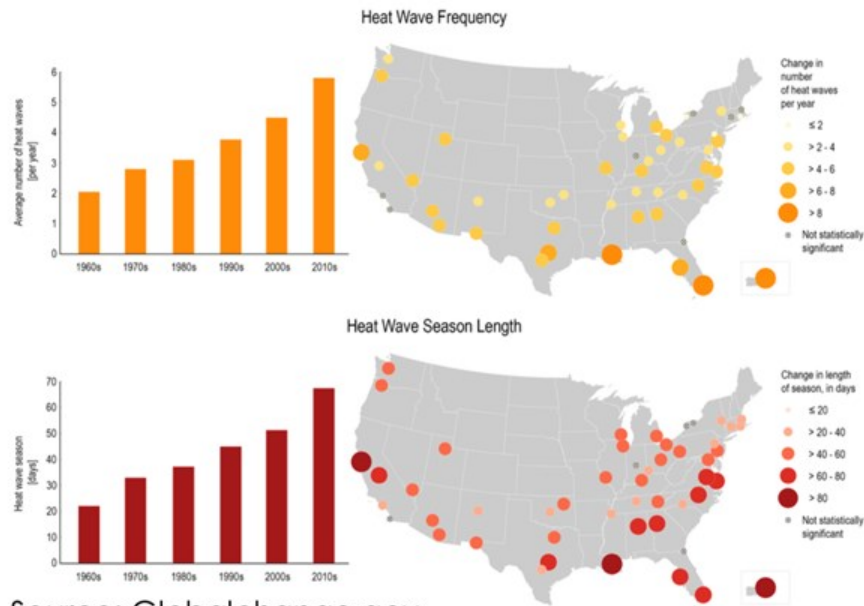
## Sources:

Environment and Climate Change Canada (ECCC). 2018. *Changes in temperature*. <https://www.canada.ca/en/environment-climate-change/services/climate-change/canadian-centre-climate-services/basics/trends-projections/changes-temperature.html>

U.S. Global Change Research Program. 2017. *Temperature Changes in the United States - Climate Science Special Report* <https://science2017.globalchange.gov/chapter/6/>

# Increased Heat Waves and Heat Events

Heat Wave Characteristics in 50 Large U.S. Cities, 1961-2017



Source: Globalchange.gov

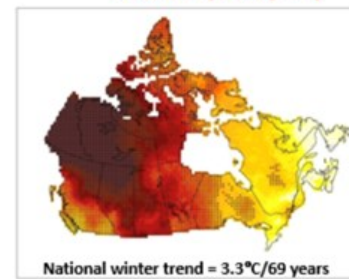
- Increased Heat Wave frequency
- Longer duration heat events
- Increased early season events
- Larger temperature variations
- Missing Seasons (Spring/Fall)

## Sources:

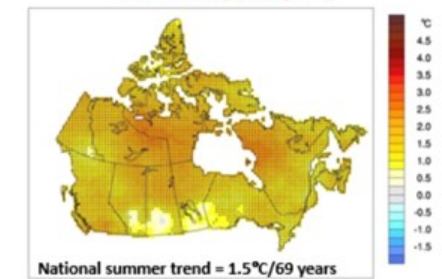
Heat Waves, U.S. Global Change Research Program. 2017. <https://www.globalchange.gov/browse/indicators/us-heat-waves>.

- Canada's modernized Heat Warning project pulled by need of better alerting capabilities due to increased events.
- 3 significant Canadian events that had heat-related mortality in the past 10 years.
- Winter warming most significant in Canada, extreme cold events still evident.

Trends in winter mean temperature  
1948-2016 (°C/69 years)



Trends in summer mean temperature  
1948-2016 (°C/69 years)



Grid squares with trend statistically significant at 5% level are marked with a dot.

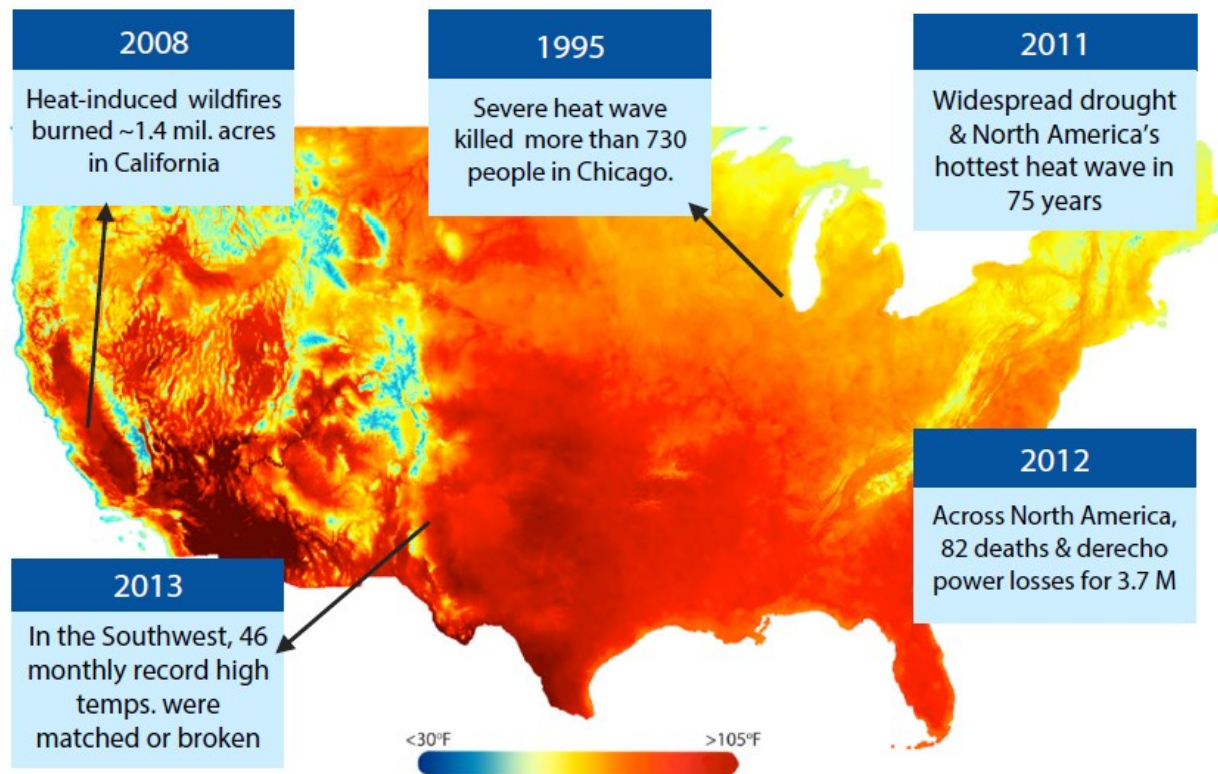


# Extreme Heat is a Multidisciplinary Problem

Decisions must be made in many disciplines to protect humans from extreme heat's health consequences.

- Local health departments
- Utilities / Energy
- Emergency Management
- Resilience/Sustainability Offices
- Weather Forecast Offices
- Hospitals
- School districts

They all need information at different timescales, and have different risk tolerances and capacity to respond.



The base map shows projected average maximum temperatures for July 2030 in degrees Fahrenheit under a low emissions scenario (best case scenario). Call out boxes detail devastating effects of past heat waves across the country.

# Future Heat

## DANGEROUS DAYS AHEAD

Extreme heat kills hundreds every year across the U.S. Without any action to stop climate change, the global average temperature is expected to rise 7.7 °F, meaning more dangerously hot days. Many parts of the country are going to experience over a month more sweltering days by 2050, and some of the largest metro areas will be baking for almost half the year.

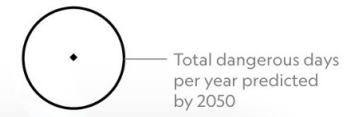
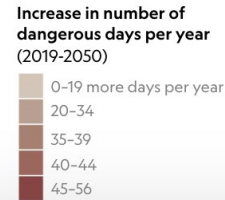
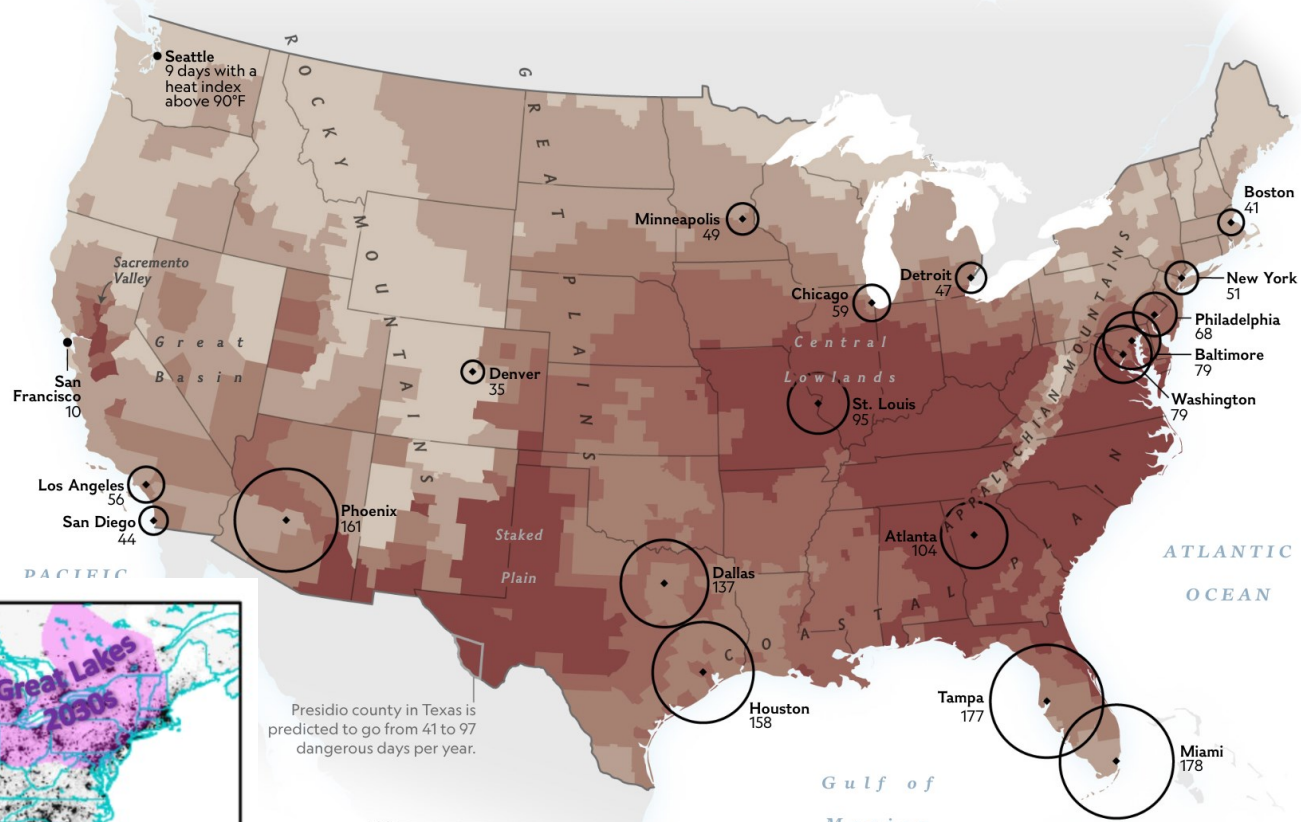
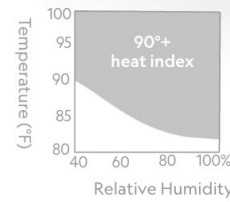


Image at right from National Geographic from Union of Concerned Scientists Report (2019): "Killer Heat in the United States"

Below from Lopez et al., 2018, of AOML shows the four dominant historical heat wave clusters in the US. The labels indicate when in the 21<sup>st</sup> century anthropogenically forced heat waves will occur.

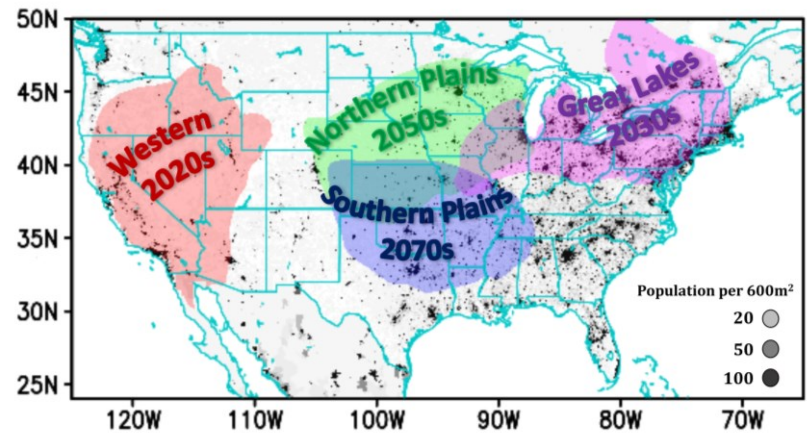


Presidio county in Texas is predicted to go from 41 to 97 dangerous days per year.

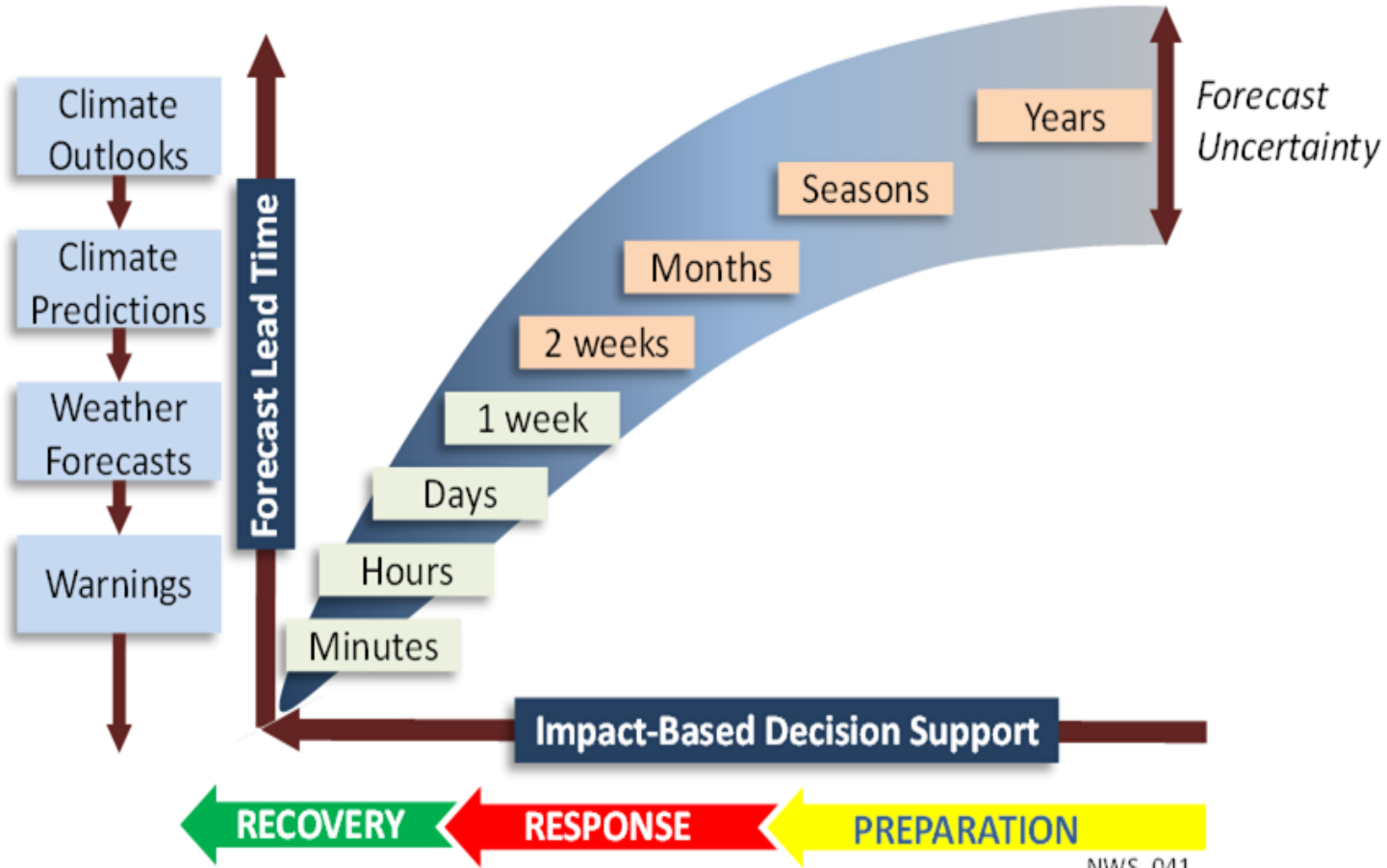


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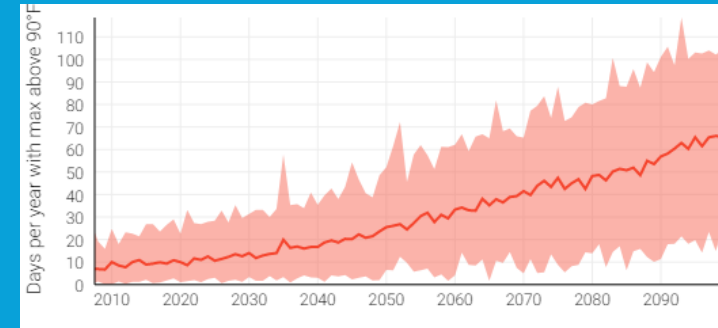
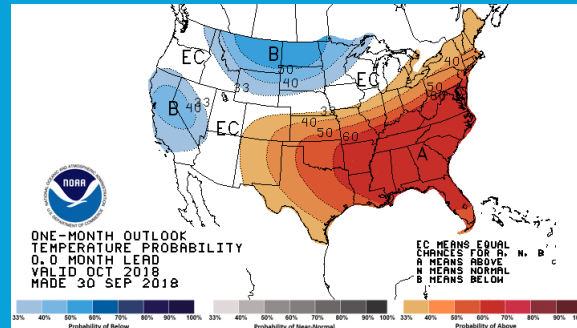
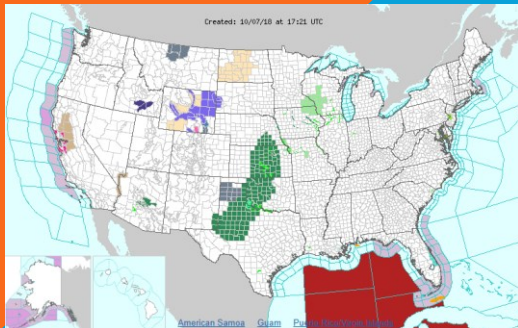
SOREN WALLJASPER AND TED SICKLEY, NG STAFF  
SOURCE: UNION OF CONCERNED SCIENTISTS



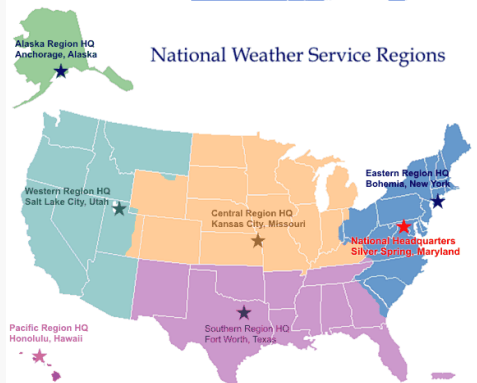
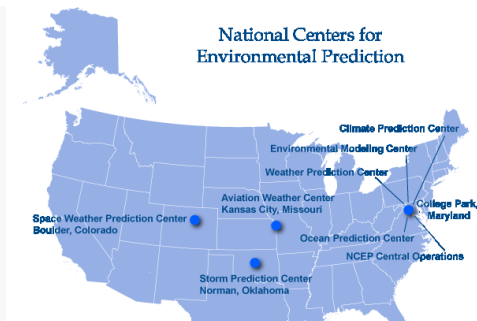
# UNDERSTANDING DECISION TIMESCALES



NWS\_041



# Near-term – How NOAA Handles Heat



NOAA  
HQ

HQ: Creates policies, provides standard products for use in WFOs

Regional  
Offices

6 Regional Offices: perform administrative and operational support for the WFOs

WFO

122 Weather Forecast Offices: Understands local context & needs, interprets HQ products, and issues advisories, watches, and warnings.

# Current Heat Wave Products

- NOAA issues Heat Advisories, Watches, and Warnings.

- Advisory: Take action, excessive heat is expected.
- Watch: Be prepared for a prolonged period of extreme heat within 48 hours.
- Warning: Take action, a prolonged period of extreme heat is expected in < 24 hours.

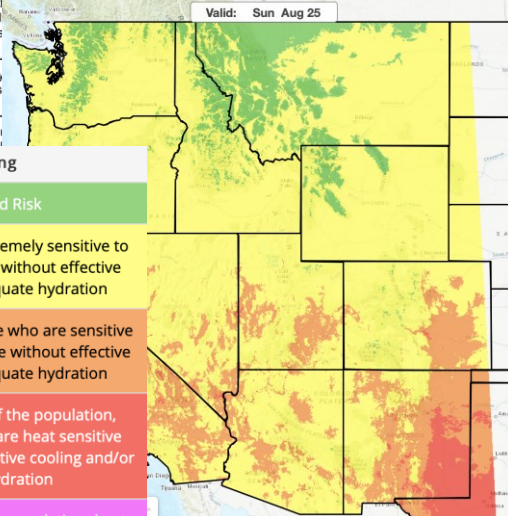
These communications are issued by WFOs and derived from:

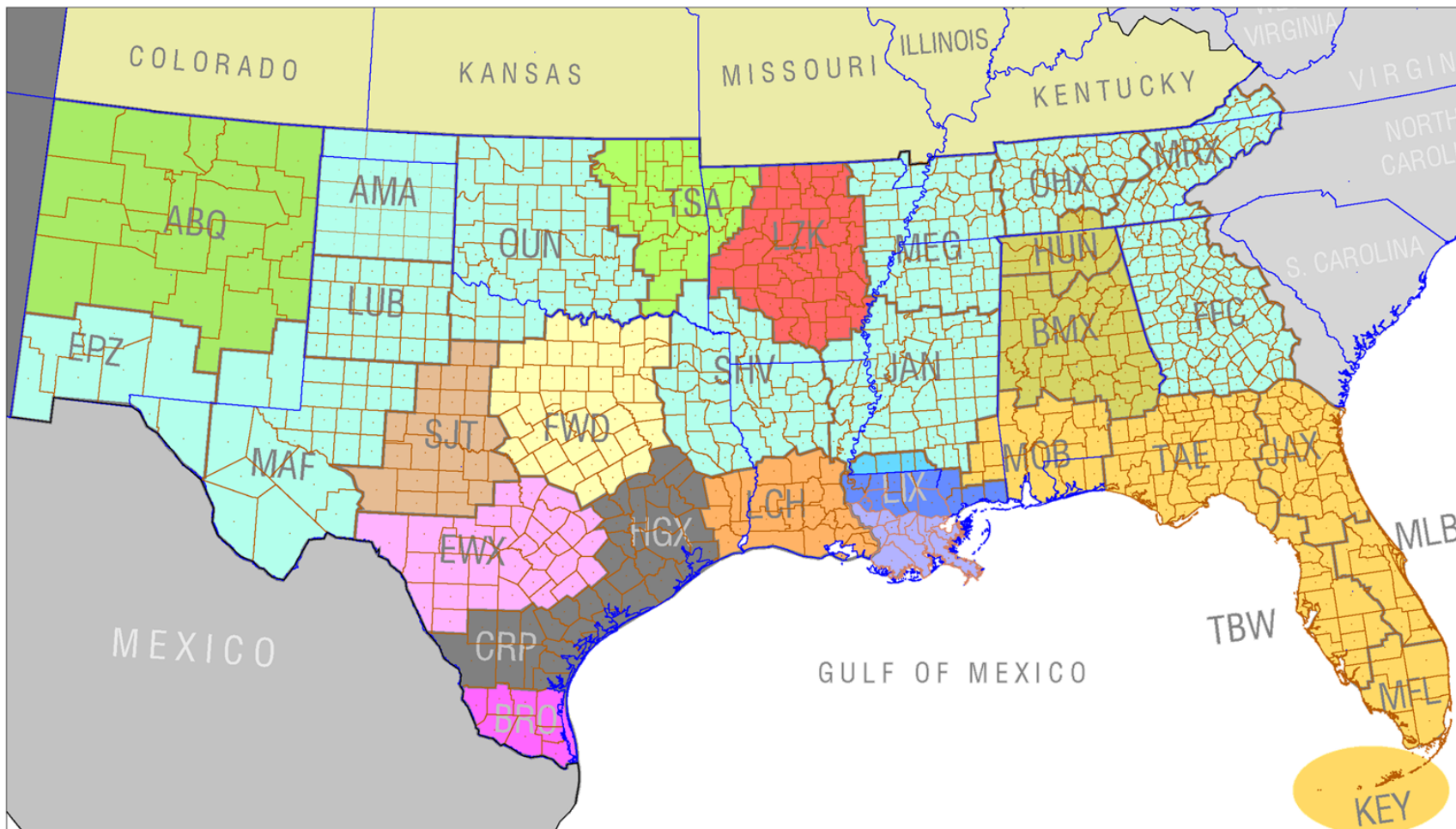
- Temperature & Wet Bulb Globe Temperature
- Kalkstein Procedures
  - Classify air as “oppressive” based on temperature and humidity.
- HeatRisk

Developed and used primarily in the western region, but has been codified as a requirement and will be available as a national option soon. Level 3 or 4 of the NWS Heat Risk scale is the threshold for issuing an Excessive Heat Warning.

| Type           | Abbrev. | Description                                                                                                                                                                                                                                      |
|----------------|---------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Dry Polar      | DP      | Generally advected from Canada through circulation around a cold-core anticyclone and is usually associated with the lowest temperatures observed in a region for a particular time of year, as well as, clear and dry conditions.               |
| Dry Tropical   | DT      | Represents the hottest and driest conditions found at any location. There are two modes of development for this air mass. It is either advected from the Southwest U.S. or Sonoran Desert of Mexico or it is produced by rapidly descending air. |
| Dry Moderate   | DM      | Air is mild and dry. Typically found in the zonal flow aloft. When it is adiabatically cooled, polar air is usually advected around a surface low over the Atlantic Ocean.                                                                       |
| Moist Polar    | MP      | Weather conditions are typically cloudy and humid. It is usually advected from a cool ocean or as a result of a low-level jet.                                                                                                                   |
| Moist Tropical | MT      | Air is considerably warmer and more humid than a MP air mass. It is usually advected from the south of the MP air mass.                                                                                                                          |

| Category | Level | Meaning                                                                                                                                     |
|----------|-------|---------------------------------------------------------------------------------------------------------------------------------------------|
| Green    | 0     | No Elevated Risk                                                                                                                            |
| Yellow   | 1     | Low Risk for those extremely sensitive to heat, especially those without effective cooling and/or adequate hydration                        |
| Orange   | 2     | Moderate Risk for those who are sensitive to heat, especially those without effective cooling and/or adequate hydration                     |
| Red      | 3     | High Risk for much of the population, especially those who are heat sensitive and those without effective cooling and/or adequate hydration |
| Magenta  | 4     | Very High Risk for entire population due to long duration heat, with little to no relief overnight                                          |



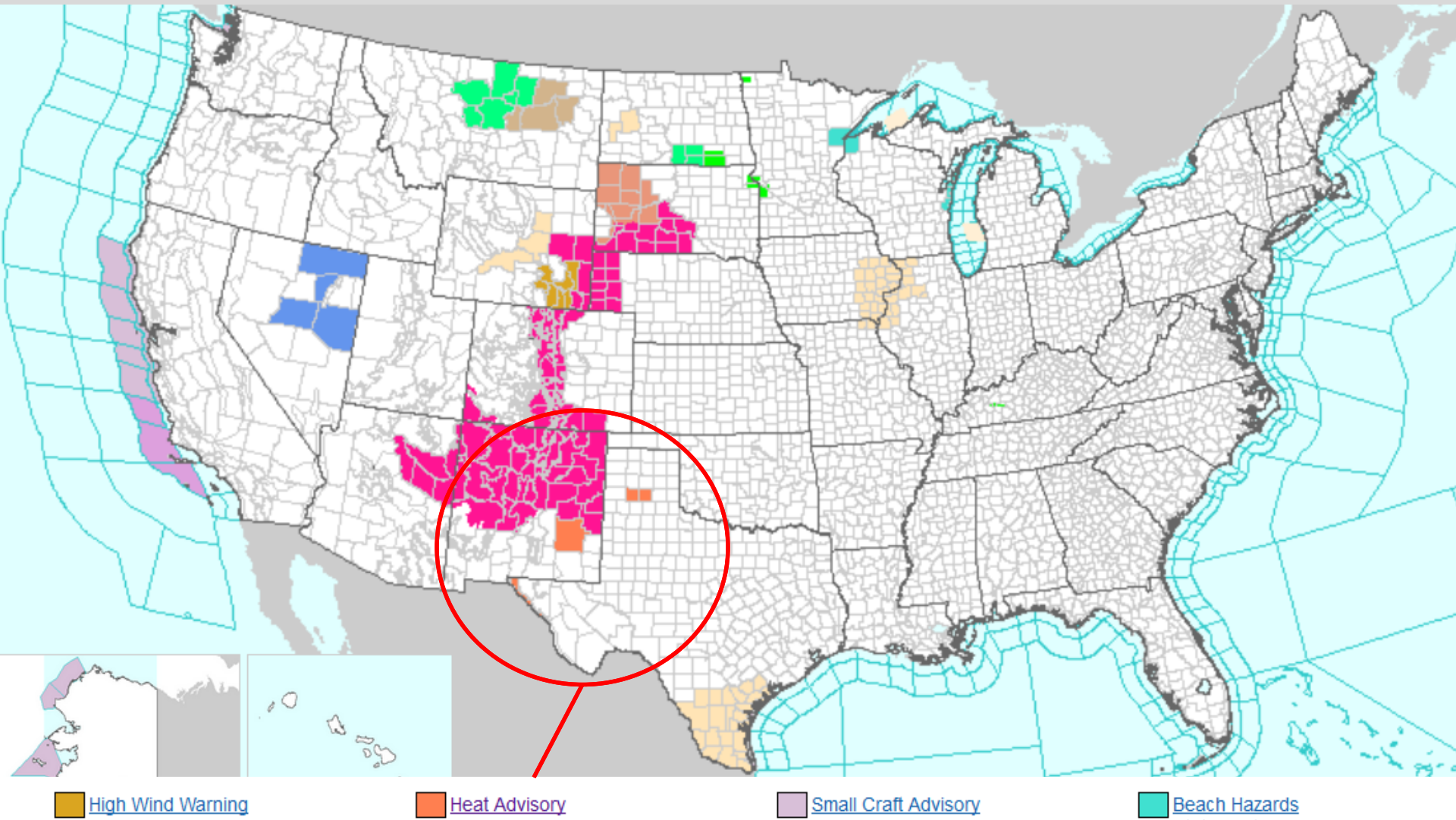


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| <ul style="list-style-type: none"> <li><span style="display: inline-block; width: 20px; height: 10px; background-color: #90EE90; border: 1px solid black; margin-right: 5px;"></span> HEAT INDEX 105°F AND MIN. TEMP ≥ 75° FOR AT LEAST 2 CONSECUTIVE DAYS (TSA)</li> <li><span style="display: inline-block; width: 20px; height: 10px; background-color: #D2B48C; border: 1px solid black; margin-right: 5px;"></span> HEAT INDEX 110° OR TEMP &gt; 105° FOR ANY DURATION (BMX)</li> <li><span style="display: inline-block; width: 20px; height: 10px; background-color: #90EE90; border: 1px solid black; margin-right: 5px;"></span> HEAT INDEX 110° AND MIN. TEMP ≥ 75° (ABQ)</li> <li><span style="display: inline-block; width: 20px; height: 10px; background-color: #7FFFD4; border: 1px solid black; margin-right: 5px;"></span> HEAT INDEX 110° AND MIN. TEMP ≥ 75° FOR AT LEAST 2 CONSECUTIVE DAYS (AMA, EPZ, FFC, JAN, LUB, MAF, MEG, MRX, OHX, OUN, SHV)</li> <li><span style="display: inline-block; width: 20px; height: 10px; background-color: #66B3FF; border: 1px solid black; margin-right: 5px;"></span> HEAT INDEX 110° AND MIN. TEMP ≥ 75° FOR AT LEAST 2 CONSECUTIVE DAYS OR HEAT INDEX ≥ 115° FOR 2 HOURS OR MORE (LIX)</li> <li><span style="display: inline-block; width: 20px; height: 10px; background-color: #4169E1; border: 1px solid black; margin-right: 5px;"></span> HEAT INDEX 110° AND MIN. TEMP ≥ 77° FOR AT LEAST 2 CONSECUTIVE DAYS OR HEAT INDEX ≥ 115° FOR 2 HOURS OR MORE (LIX)</li> </ul> | <ul style="list-style-type: none"> <li><span style="display: inline-block; width: 20px; height: 10px; background-color: #FFFFE0; border: 1px solid black; margin-right: 5px;"></span> HEAT INDEX 110° AND MIN. TEMP ≥ 78° FOR AT LEAST 2 CONSECUTIVE DAYS (FWD)</li> <li><span style="display: inline-block; width: 20px; height: 10px; background-color: #6A5ACD; border: 1px solid black; margin-right: 5px;"></span> HEAT INDEX 110° AND MIN. TEMP ≥ 79° FOR AT LEAST 2 CONSECUTIVE DAYS OR HEAT INDEX ≥ 115° FOR 2 HOURS OR MORE (LIX)</li> <li><span style="display: inline-block; width: 20px; height: 10px; background-color: #D2B48C; border: 1px solid black; margin-right: 5px;"></span> HEAT INDEX 110° AND MIN. TEMP ≥ 78° (SJT)</li> <li><span style="display: inline-block; width: 20px; height: 10px; background-color: #FF8C00; border: 1px solid black; margin-right: 5px;"></span> 111° HEAT INDEX (LCH)</li> <li><span style="display: inline-block; width: 20px; height: 10px; background-color: #FFD700; border: 1px solid black; margin-right: 5px;"></span> 113° HEAT INDEX (JAX, KEY, MFL, MLB, MOB, TAE, TBW)</li> </ul> | <ul style="list-style-type: none"> <li><span style="display: inline-block; width: 20px; height: 10px; background-color: #FFB6C1; border: 1px solid black; margin-right: 5px;"></span> HEAT INDEX 115° FOR 2 HOURS (EWX)</li> <li><span style="display: inline-block; width: 20px; height: 10px; background-color: #FF4500; border: 1px solid black; margin-right: 5px;"></span> HEAT INDEX 115° AND MIN. TEMP ≥ 75° FOR AT LEAST 2 CONSECUTIVE DAYS (LJK)</li> <li><span style="display: inline-block; width: 20px; height: 10px; background-color: #FF00FF; border: 1px solid black; margin-right: 5px;"></span> HEAT INDEX 120° FOR 2 HOURS AND MIN. TEMP ≥ 80° FOR AT LEAST 2 CONSECUTIVE DAYS (BRO)</li> <li><span style="display: inline-block; width: 20px; height: 10px; background-color: #696969; border: 1px solid black; margin-right: 5px;"></span> NO CRITERIA (CRP, HGX)</li> </ul> |
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**EXCESSIVE HEAT WARNING MAP**  
National Weather Service - Southern Region



# Seeking a consistent approach to extreme heat





Environment and  
Climate Change Canada

Environnement et  
Changement climatique Canada

## A Relative Comparison of North American Heat Warning Criteria

### Temperature

79 °F / 26 °C

81 °F / 27 °C

82 °F / 28 °C

84 °F / 29 °C

86 °F / 30 °C

88 °F / 31 °C

90 °F / 32 °C

95 °F / 35 °C

101 °F / 38 °C

103 °F / 39 °C

104 °F / 40 °C

105 °F / 41 °C

106 °F / 41 °C

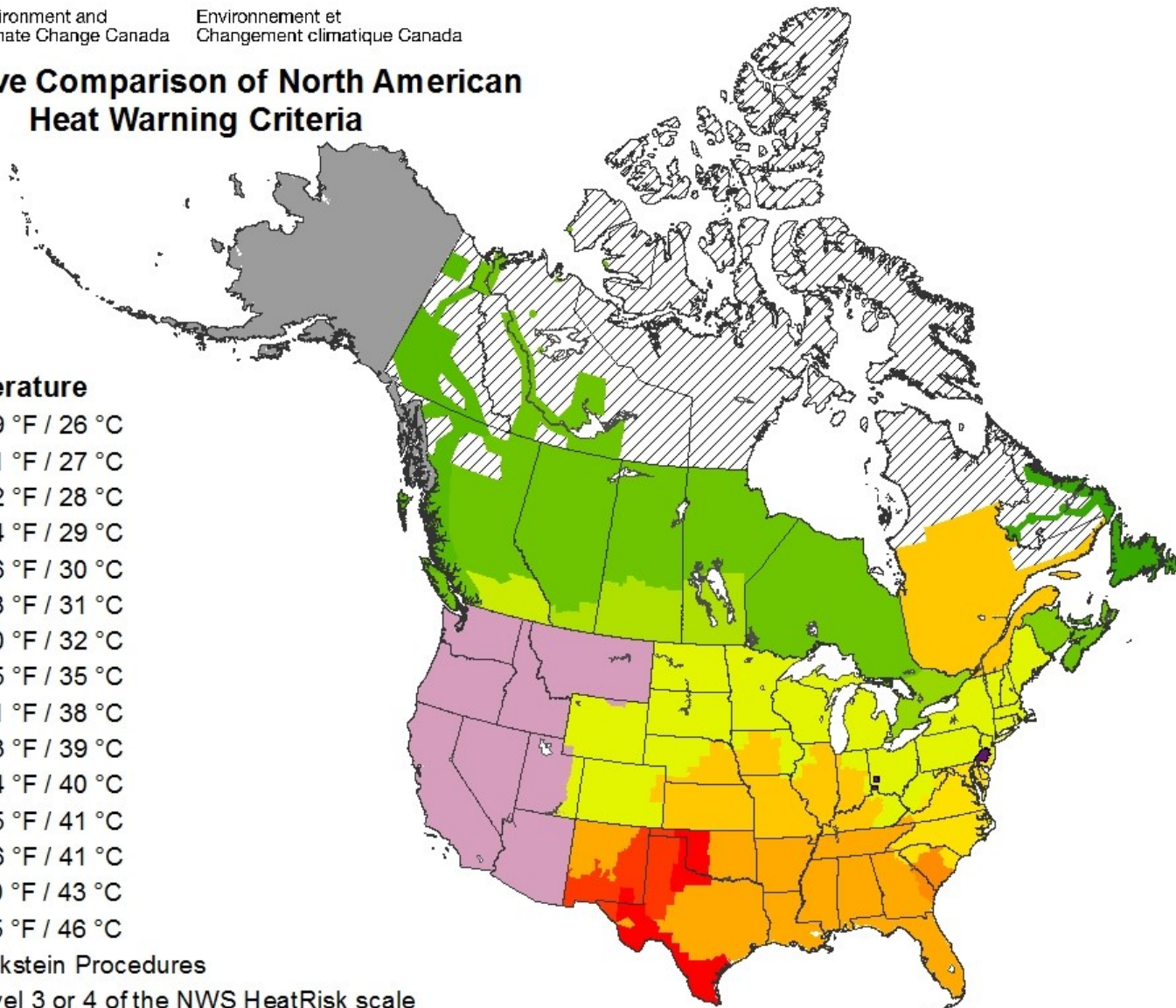
110 °F / 43 °C

115 °F / 46 °C

Kalkstein Procedures

Level 3 or 4 of the NWS HeatRisk scale

Unknown







Environment and  
Climate Change Canada

Environnement et  
Changement climatique Canada

## A Relative Comparison of North American Heat Warning Criteria

### Heat Index

82

87

88

89

90

91

93

97

98

100

105

110

111

113

115

120

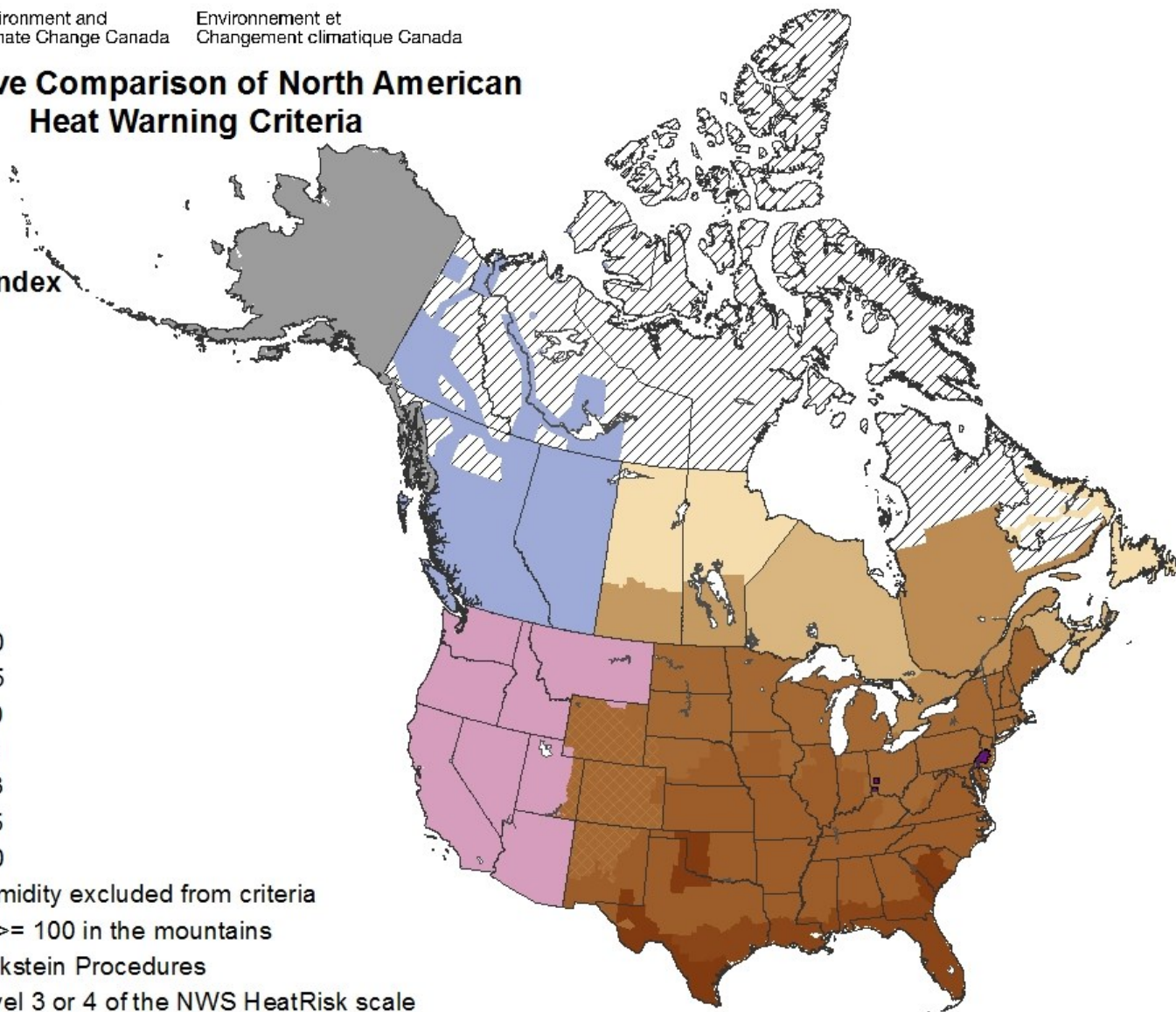
Humidity excluded from criteria

HI  $\geq$  100 in the mountains

Kalkstein Procedures

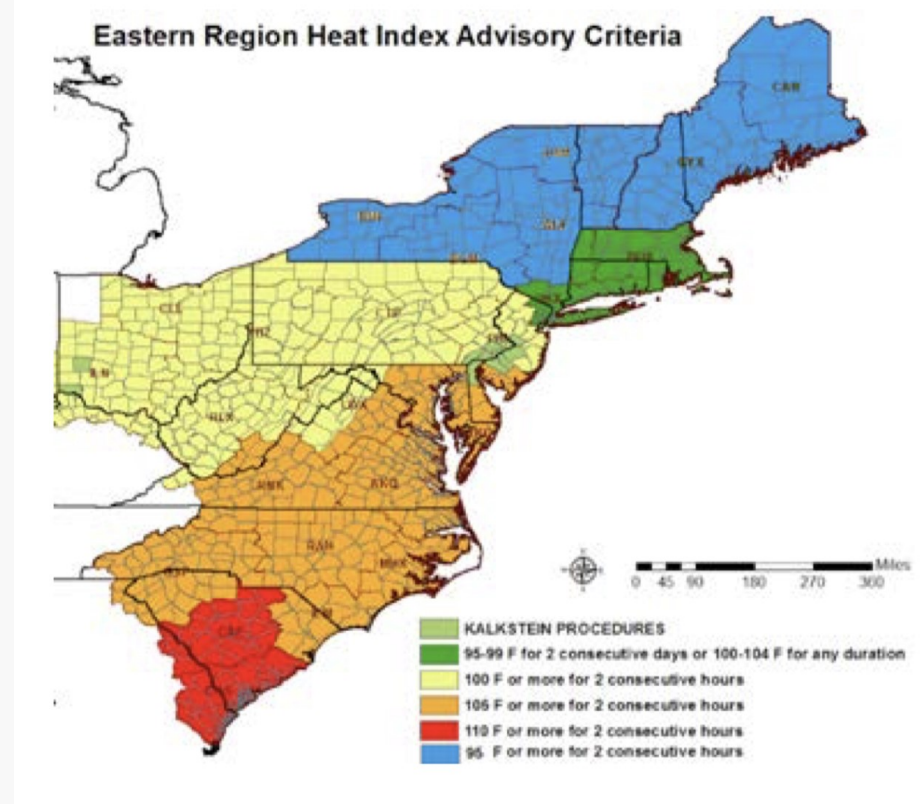
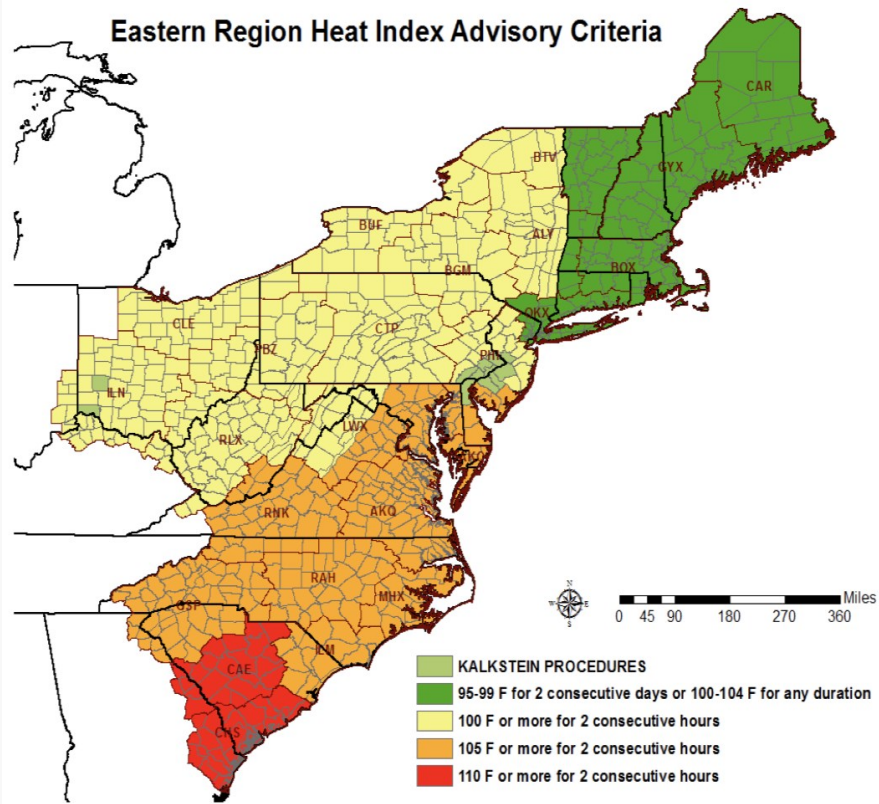
Level 3 or 4 of the NWS HeatRisk scale

Unknown



Recently, NWS WFOs in New England worked with state Health Departments to lower heat advisory thresholds based on mortality and ED visits.

- Formerly, the criteria were 95-99 F for 2 days.
- Now the criteria are 95 F for more than 2 consecutive hours.



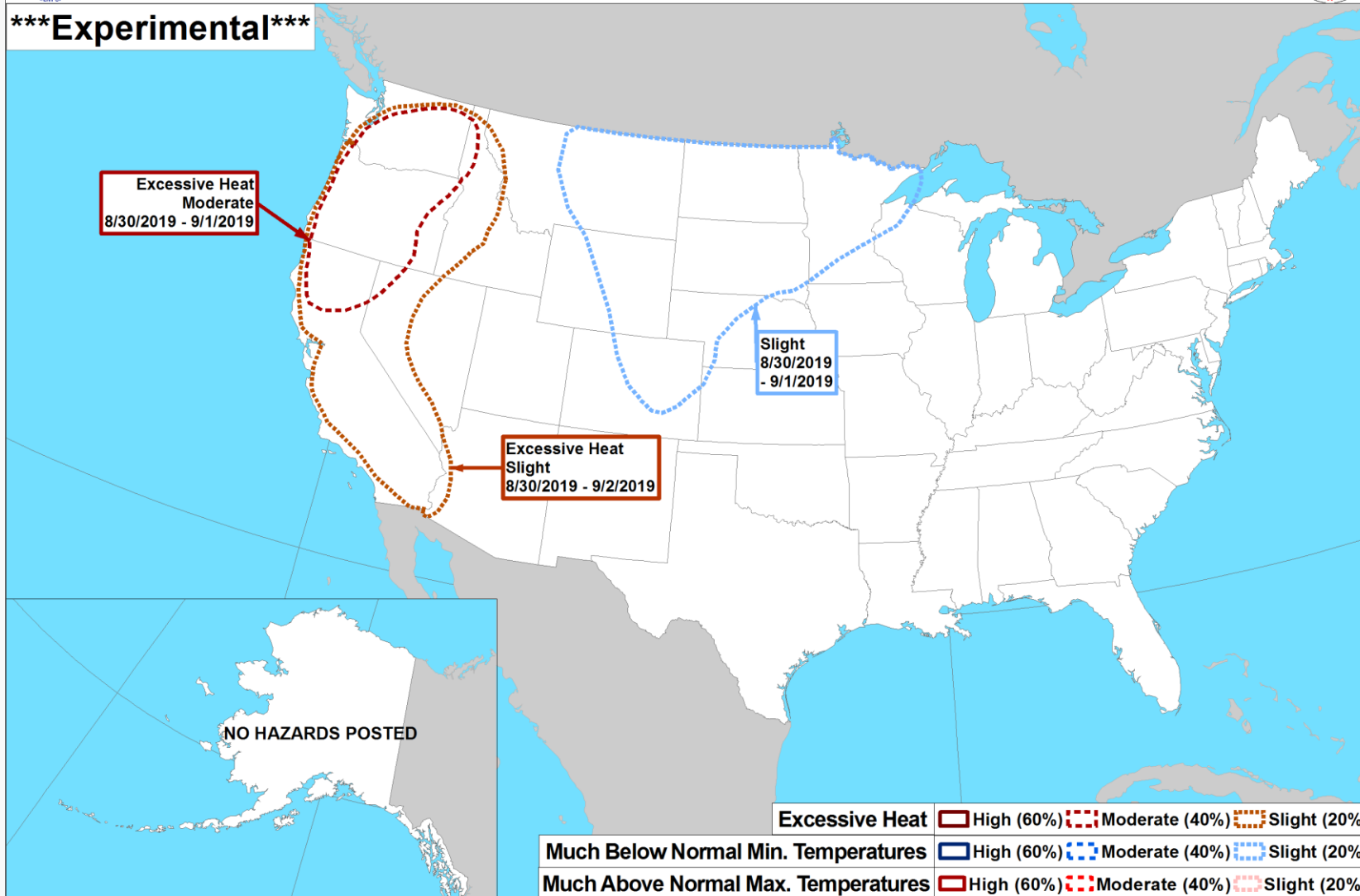


# Risk of Hazardous Temperatures

Valid: 08/30/2019-09/05/2019



\*\*\*Experimental\*\*\*



Climate Prediction Center

Made: 08/22/2019 3PM EDT

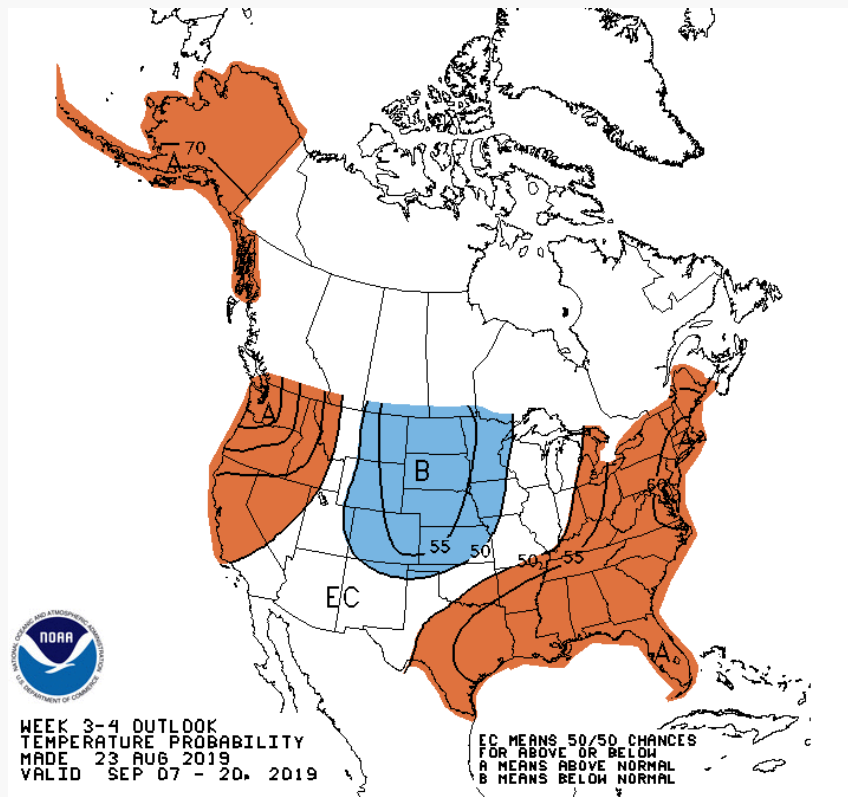
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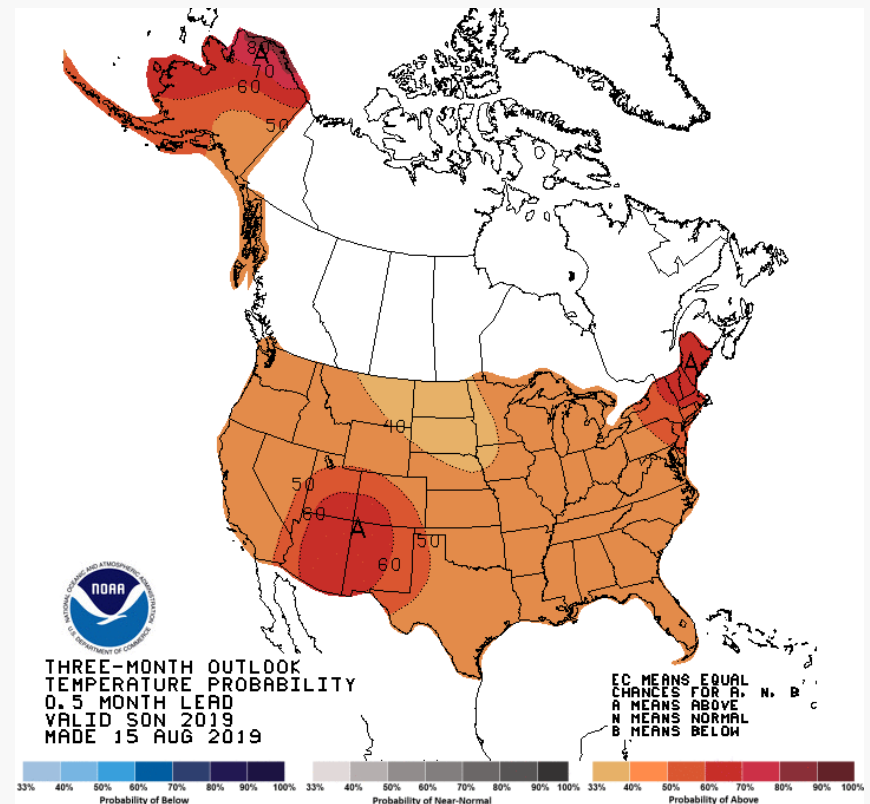


# NOAA Heat Predictions at Seasonal and Sub-seasonal Scales

## NOAA 3-4 Week Outlook



## NOAA 3-Month Seasonal Outlook



# National Integrated Heat Health Information System

- NOAA and CDC launched the National Integrated Heat Health Information System (NIHHIS) in June of 2015 to address heat across timescales
- NIHHIS quickly grew to include representation from several agencies (right) in an interagency working group. The group launched the [NIHHIS portal](#) and began harmonizing information and guidance.
- NIHHIS has also launched regional, trans-boundary pilots to understand local decision-making contexts and needs, and to improve the information.

Ongoing activities include:

- Expanding border health network in the south,
- ★ 'Decision calendar' exercises to understand multi-disciplinary needs in the Northeast,
- ★ National projects to improve the utility of information such as Urban Heat Island campaigns.



*The National Integrated Heat Health Information System weaves together existing pieces, identifies information needs and helps to develop needed climate services.*

***NIHHIS will facilitate an integrated approach to providing a suite of decision support services to reduce heat related illness and death***



# NIHHIS: an Integrated Information System



Define demand by building relationships to understand local context



Co-develop inter-disciplinary decision calendars, prototypes, requirements



Integrate information across timescales and disciplines



Foster inter-agency, NGO, and private sector involvement



Co-learning, sharing best practices, and sharing information

Build Capacity, Inform Decisions, Encourage Risk-Reducing Actions

# NIHHIS Core Questions

All NIHHIS engagements are used to understand the answers to these core questions – as well as how and why those answers change given local context.

## Institutional Capacity & Partnerships

- What institutional partners have you engaged to help define the needs (esp. bridging disciplines: health, env. science, emergency management); is that sustainable and if so, how and why?

## Heat Parameters & Health Outcomes

- What heat parameters (tmax, tmin, heat index, etc) are most important for which specific population and in what geographic conditions?

## Data and Forecast Products

- What data and forecast products, indicators, surveillance, and monitoring is needed (at what spatial and temporal resolution & lead time) and what is currently being used by practitioners to make decisions?

## Engagement and Communication Strategies

- What communication strategies are most effective both during an event and for long lead time planning (seasonal outlooks)?

## Interventions and Effectiveness

- What health interventions are currently being employed in managing heat risk and at what timescales?
- Are these interventions successful, and to what extent to they depend on local context & capacity?

# NIHHIS Interagency Working Group

The NIHHIS Interagency Working Group was initially formed as an Extreme Heat and Critical Infrastructure Task Force under the National Security Council. The group includes representation from:



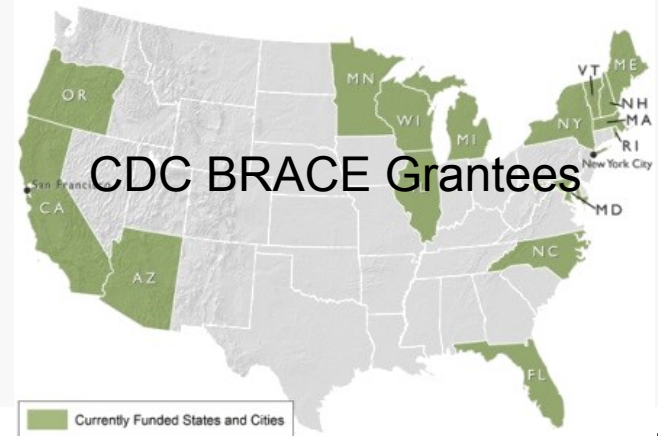
## Recent accomplishments and ongoing projects:

- A major social media campaign to expand awareness of the issue in 2017 heat season.
- Activity modification thresholds and WBGT – workshops and review paper.
- Development of version 2 of the NIHHIS Portal with harmonized inter-agency information and resources as well as heat predictions.
- A White House webinar on protecting vulnerable populations from Extreme Heat (2016).

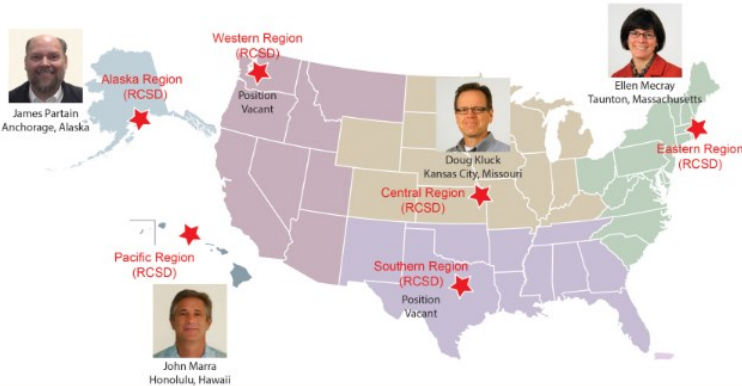




# Building user engagement via other networks



## NOAA's Regional Climate Services Directors



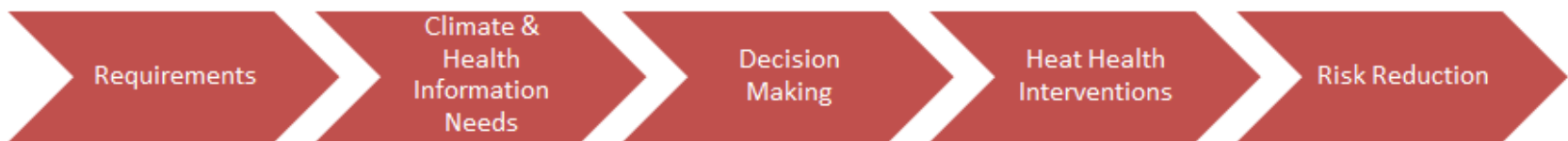
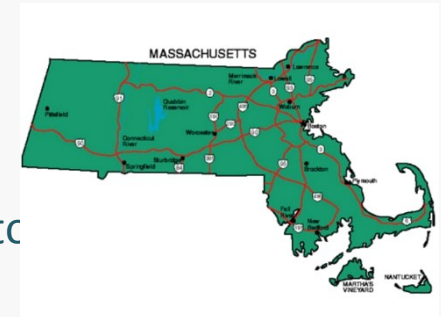
# Defining Local Context and Understanding Sector-based Decisions

- Engagement with other agencies
  - Activity Modification Guidelines
- Engagement through Pilots & Decision Calendars
  - Interviews with experts in many disciplines
  - Documentation and refinement
  - Compare across pilots
- Attend Trade Meetings
  - American Institute of Architects NYC
  - National Association of County and City Health Officials
  - Army Public Health Center
  - Harris County Public Health One Health Conference
- Invite other disciplines to climate meetings
  - AMS 2020 in Boston
  - AGU GeoHealth



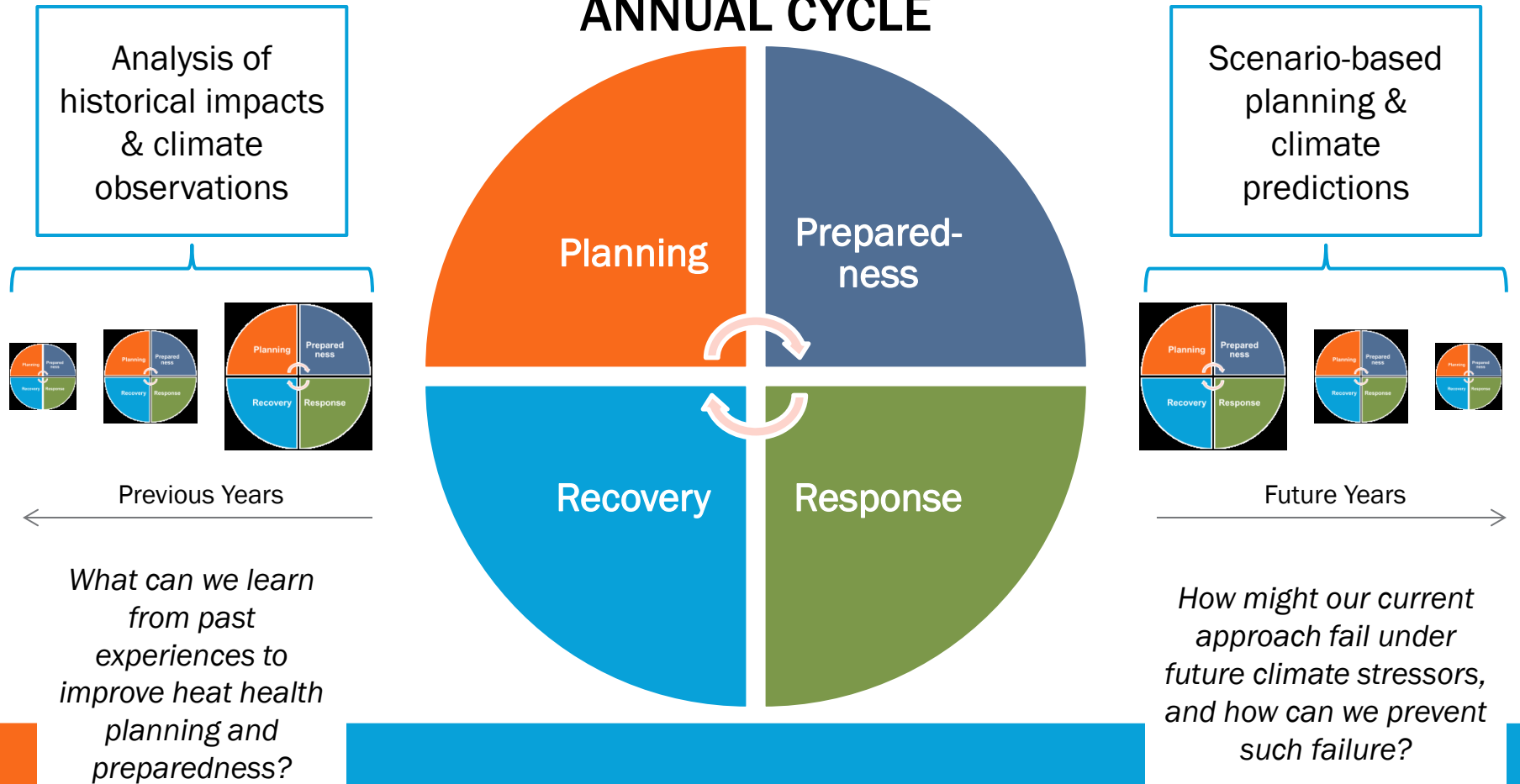
# NIHHIS NE Decision Calendar Workshop

- Build and strengthen the **network** between a multidisciplinary set of heat-health decision-makers.
- Identify and document locally-contextualized **interventions** at the planning and preparedness timescales.
- Discipline-specific decision makers will use **planning scenarios** to explore decision contexts behind the identified interventions, and specific **information needs** will be documented to support decisions in the form of **decision calendars**.



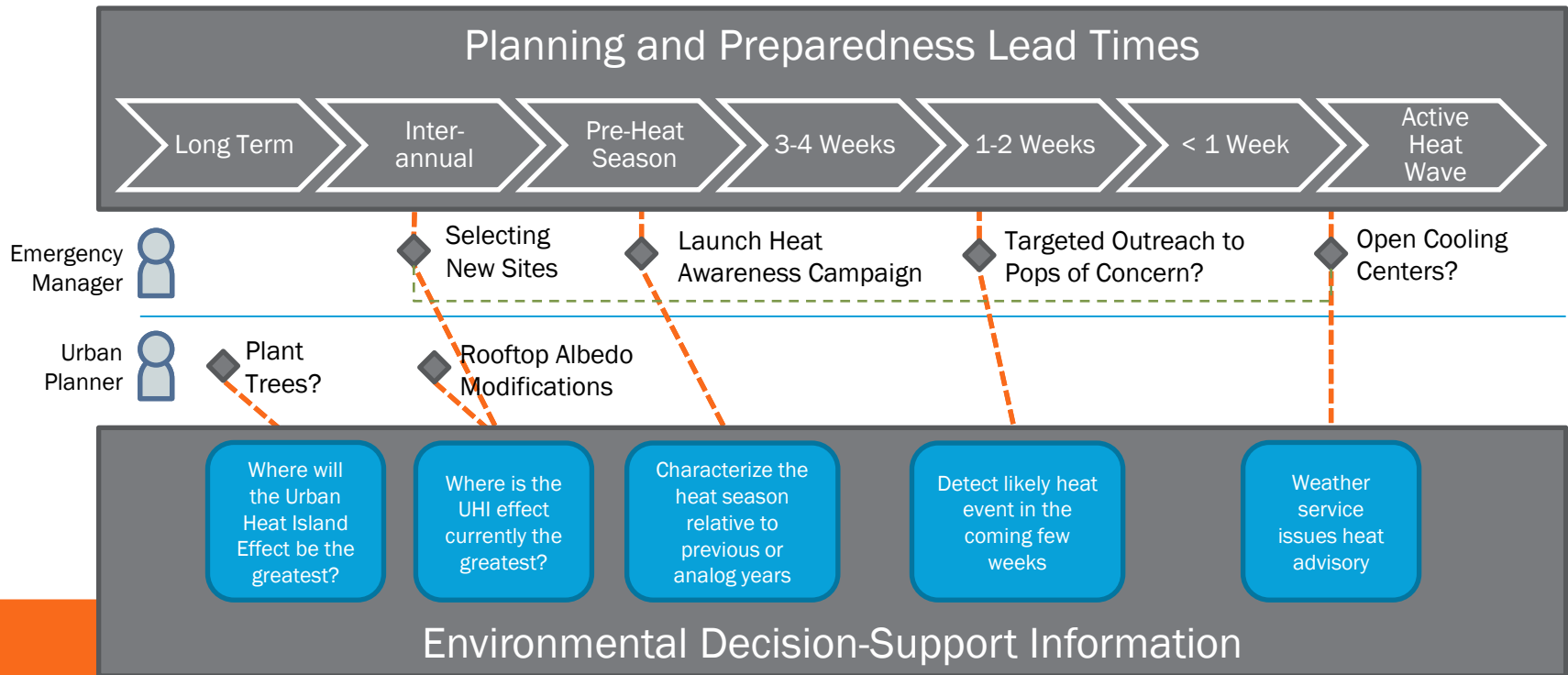
**Decision Calendars** support **Decision Making** about **Heat Health Interventions** by documenting essential **Climate and Health Information Needs** in a temporally and spatially explicit way that facilitates the elicitation and elaboration of **Requirements**

# HEAT HEALTH RISK MANAGEMENT ANNUAL CYCLE



# DECISION CALENDARS

Decision calendars are a framework to organize information about user context in decision-making. They document what needs to be known when, by whom, and with what certainty in order to take actions to reduce heat health risk.



**For more information see:**

Ray, A. J., & Webb, R. S. (2016).

Understanding the user context: decision calendars as frameworks for linking climate to policy, planning, and decision-making.

Climate in Context, 27–50. doi:10.1002/9781118474785.ch2



# NIHHIS Rio Grande/Bravo Pilot Engagement for Launch Workshop



# Rio Grande/Bravo NIHHIS Pilot Local Approaches

## **Promotoras: Incorporating Local Knowledge**

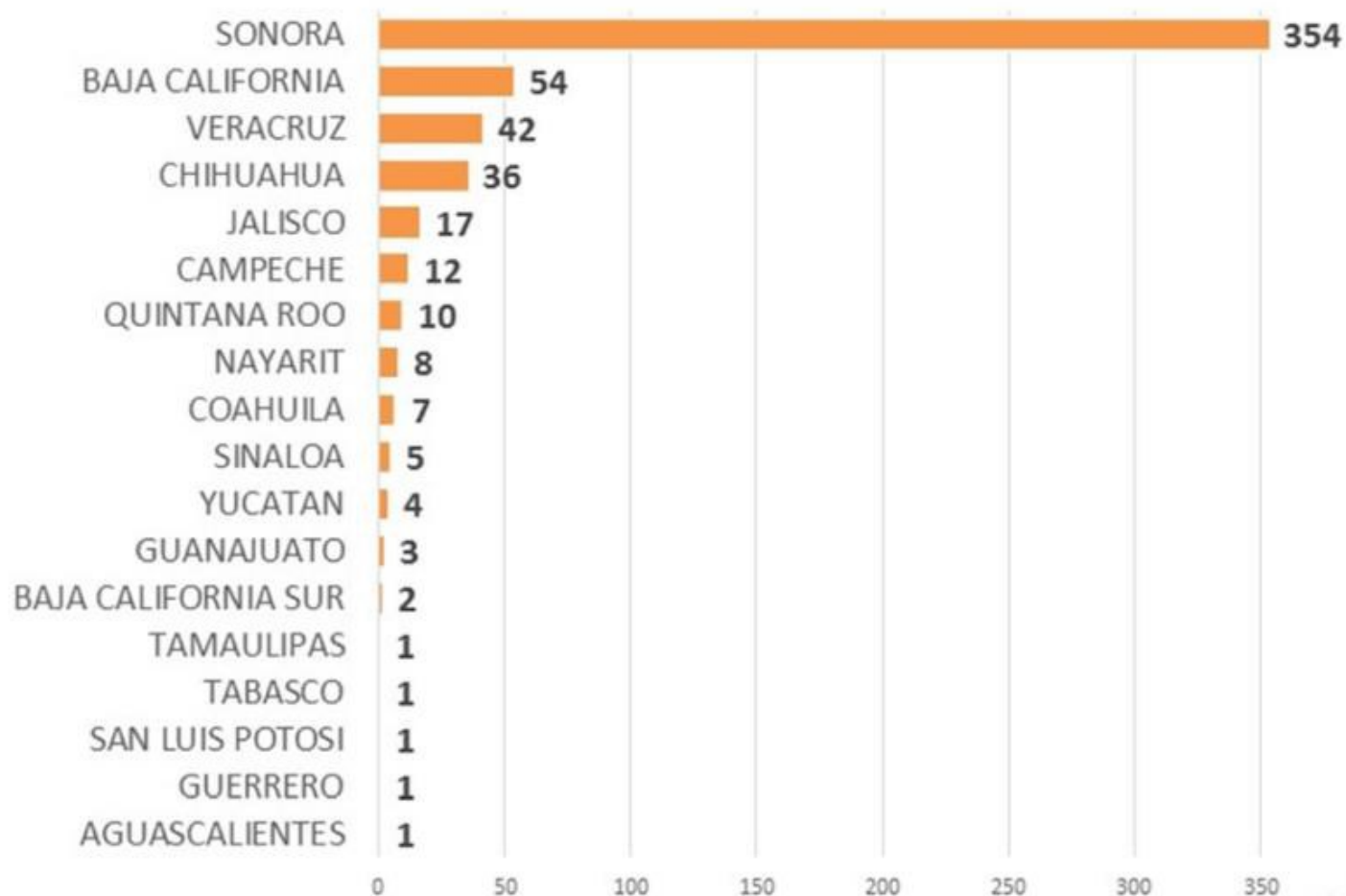
- Members of the community who already have trust and are able to speak English and Spanish.
- They often receive some specialized training, but do not have advanced degrees in health.
- They not only educate, but also investigate, and can return with valuable information on vulnerability that is hard to capture in surveys.

## **Extreme Weather Task Force**

- Multi-organization and agency task force that provides assistance upon request to those most in need.

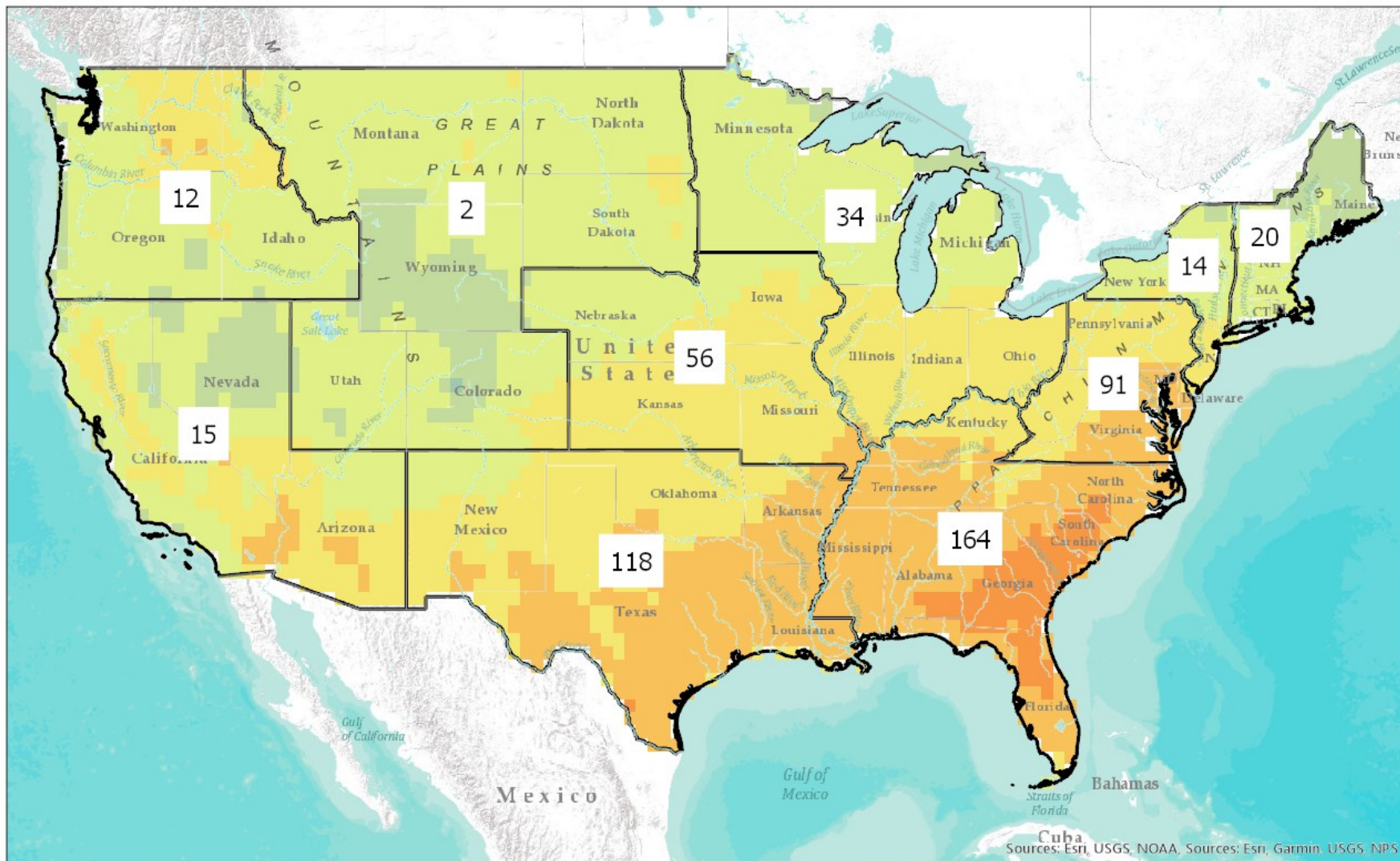


## Casos de lesiones por temperaturas naturales extremas en temporada de calor, por entidad federativa. México 2015.





# Early Summer 2019 NIHHS Monitor Showing The Southeastern Heat Wave's Impacts



Week Starting  
2019-05-26

Weekly Avg Max Temp in F

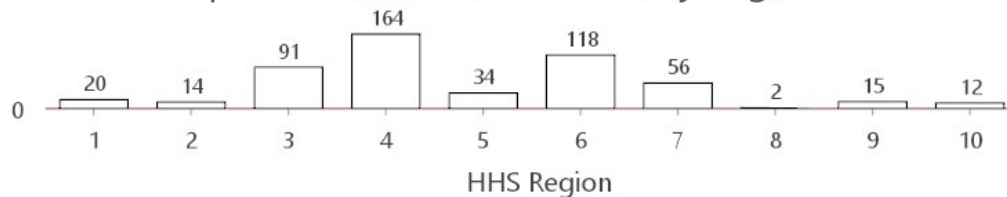
- ≤ 35
- ≤ 45
- ≤ 55

- ≤ 65
- ≤ 75
- ≤ 85
- ≤ 95
- ≤ 105
- ≤ 115
- ≤ 125

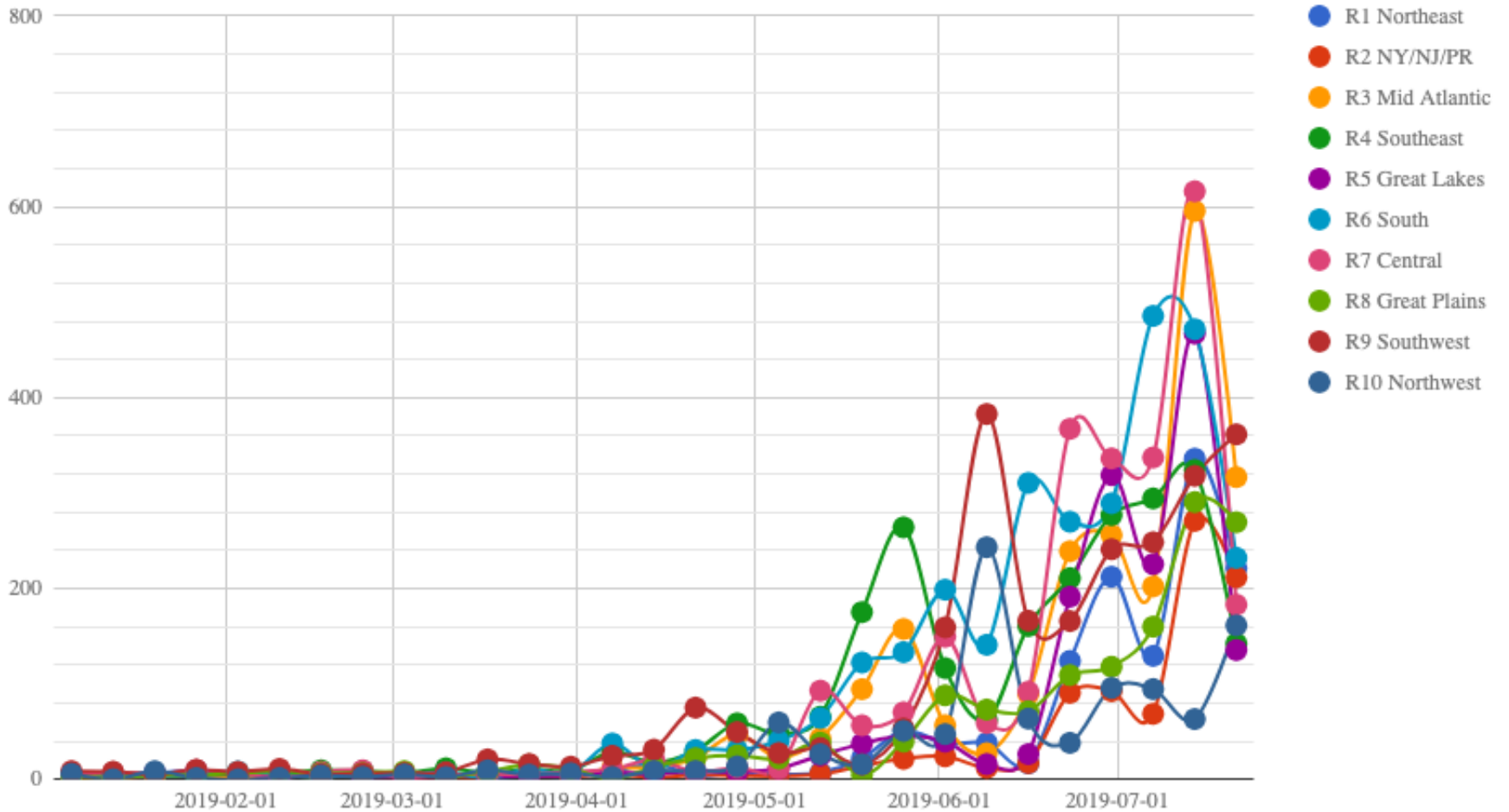


HRI per 100,000

Comparison of Incidence of HRI by Region



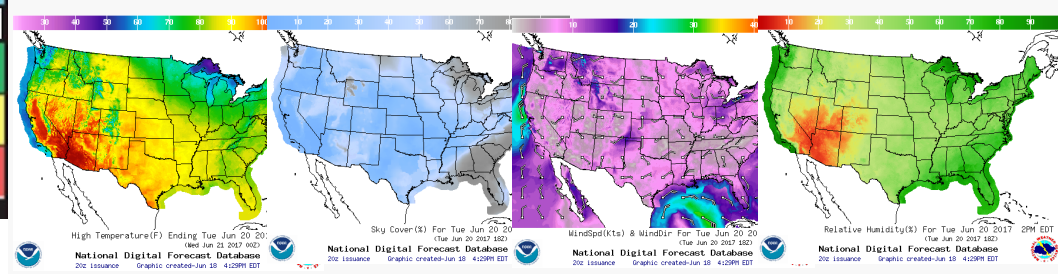
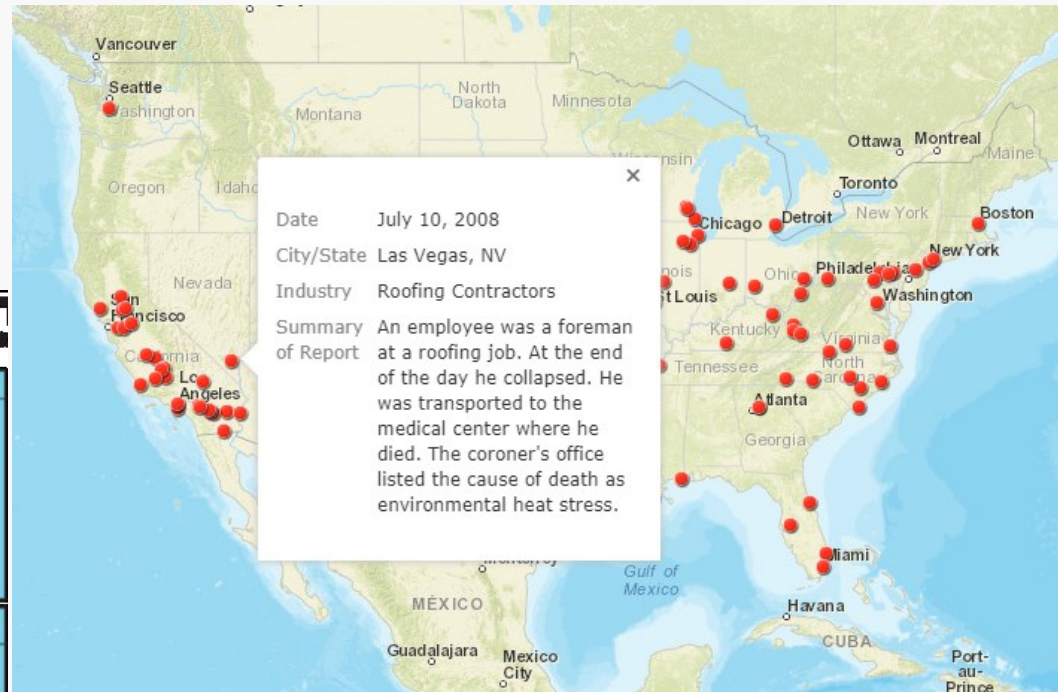
# YTD Average Weekly HRI Incidence Per 100,000 by HHS Region



Data from CDC Essence Syndromic Surveillance

# Heat's Impact on Outdoor Workers

Activity Modification Guidelines, often based on wet-bulb globe temperature (WBGT) are used for occupational, athletic, and the military heat exposure to advise on work/rest ratios and hydration.



WBGT can be approximated from temp., insolation, humidity, and wind.

## Work/Rest and Water Consumption

*Applies to average adult, heat acclimated outdoor working adult, hot weather (Over 70 F/21 C)*

| Easy Work                                                                                                                                                                                                                   | Moderate Work                                                                                                                                                                                                                                                                                                            | Hard Work                                                                                                                                                                      |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> <li>• Weapon Maintenance</li> <li>• Walking Hard Surface at 2.5 mph, &lt; 30 lb Load</li> <li>• Marksmanship Training</li> <li>• Drill and Ceremony</li> <li>• Manual of Arms</li> </ul> | <ul style="list-style-type: none"> <li>• Walking Loose Sand at 2.5 mph, No Load</li> <li>• Walking Hard Surface at 3.5 mph, &lt; 40 lb Load</li> <li>• Calisthenics</li> <li>• Patrolling</li> <li>• Individual Movement Techniques, i.e., Low Crawl or High Crawl</li> <li>• Defensive Position Construction</li> </ul> | <ul style="list-style-type: none"> <li>• Walking Hard Surface at 3.5 mph, ≥ 40 lb Load</li> <li>• Walking Loose Sand at 2.5 mph with Load</li> <li>• Field Assaults</li> </ul> |

| Heat Category | WBGT Index, F° | Easy Work       |                      | Moderate Work   |                      | Hard Work       |                      |
|---------------|----------------|-----------------|----------------------|-----------------|----------------------|-----------------|----------------------|
|               |                | Work/Rest (min) | Water Intake (qt/hr) | Work/Rest (min) | Water Intake (qt/hr) | Work/Rest (min) | Water Intake (qt/hr) |
| 1             | WP-BLSP        | NL              | ¼                    | NL              | ¼                    | 40/20 min       | ¼                    |
| 2 (GREEN)     | 82° - 84.9°    | NL              | ¼                    | 50/10 min       | ¼                    | 30/30 min       | 1                    |
| 3 (YELLOW)    | 85° - 87.9°    | NL              | ¼                    | 40/20 min       | ¼                    | 30/30 min       | 1                    |
| 4 (RED)       | 88° - 89.9°    | NL              | ¼                    | 30/30 min       | ¼                    | 20/40 min       | 1                    |
| 5 (BLACK)     | > 90°          | 50/10 min       | 1                    | 20/40 min       | 1                    | 10/50           | 1                    |



# UHI Map of DC

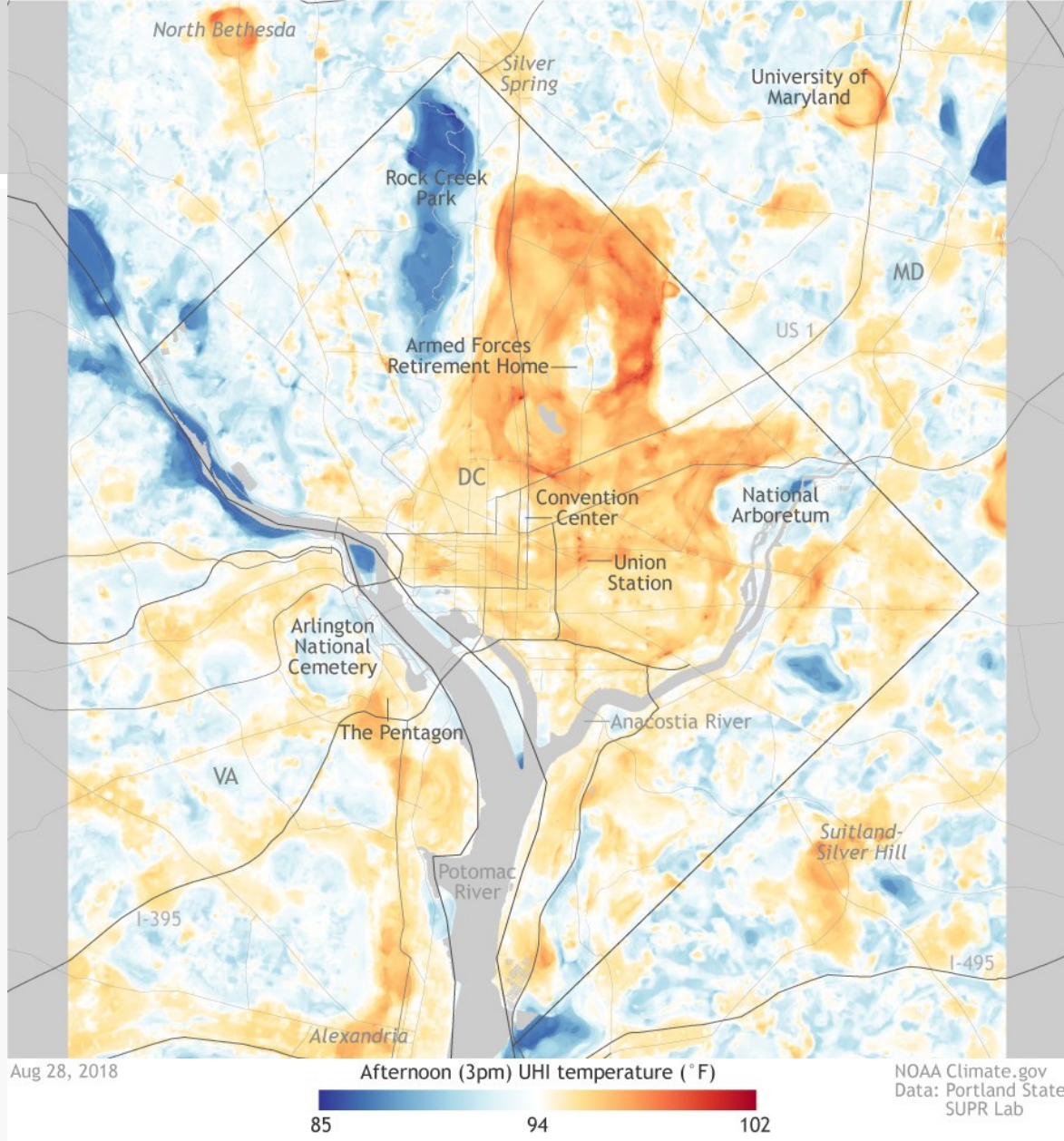
Produced in summer 2018.  
Also created maps of  
Baltimore. Richmond was  
mapped by the same PIs  
previously.

Temperature readings  
collected in-situ via vehicle  
transects using mounted  
thermometers every second.

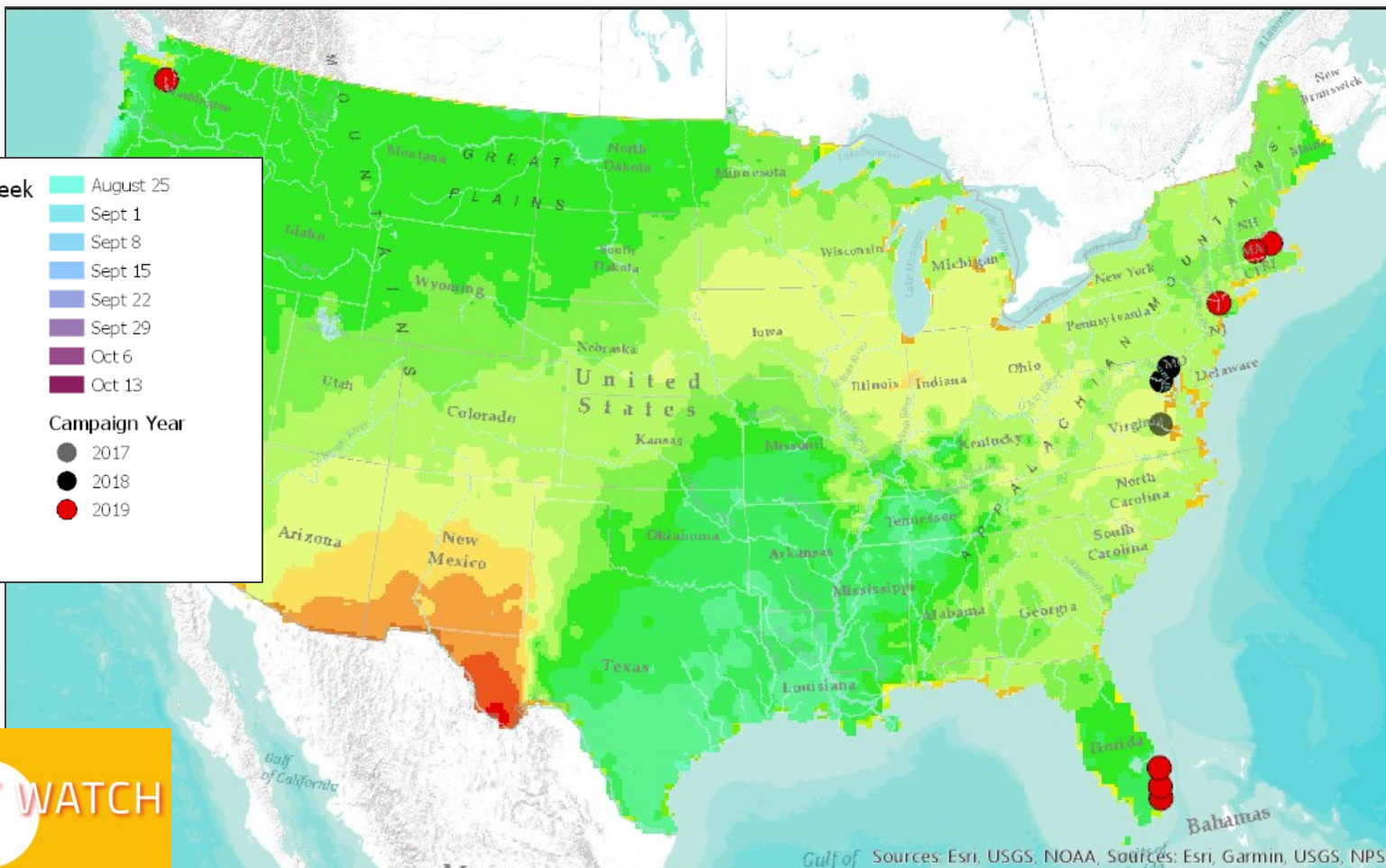
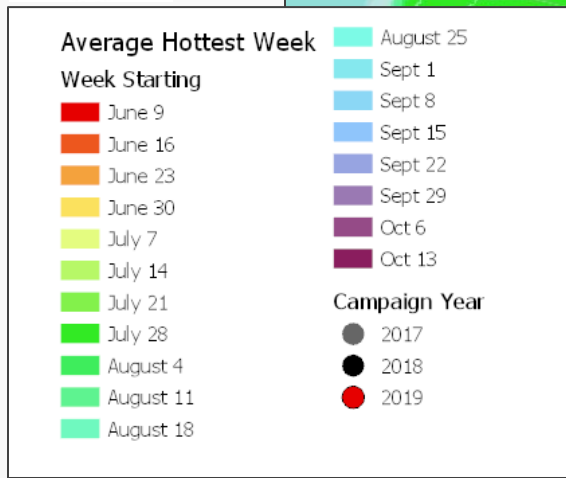
Satellite imagery and other  
data fed into machine  
learning process with  
transect data to create maps.

<https://doi.org/10.3390/cli7010005>

Washington, DC, urban heat island effect



# Urban Heat Island 2019 Citizen Science Campaigns



<https://www.climate.gov/news-features/featured-images/if-things-go-%E2%80%9Cnormal%E2%80%9D-most-us-locations-will-have-their-hottest-day>



National Integrated Heat Health Information System (NIHHS)

# THANK YOU FOR LISTENING

## CONTACT ME

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**301-734-1215**

## BAMS MEETING SUMMARY

[dx.doi.org/10.1175/  
BAMS-D-19-0042.1](https://dx.doi.org/10.1175/BAMS-D-19-0042.1)

## LEARN MORE

### NIHHIS

[cpo.noaa.gov/nihhis](https://cpo.noaa.gov/nihhis)  
[climate.gov/nihhis](https://climate.gov/nihhis)

### NIHHIS NE Materials

[https://github.com/  
hunterjonesm/  
NIHHIS-Northeast](https://github.com/hunterjonesm/NIHHIS-Northeast)

### GHHIN

<https://ghhin.org>

## UNDERSTANDING DECISION CONTEXT TO IMPROVE HEAT HEALTH INFORMATION

HUNTER M. JONES, E. MECRAY, S. D. BIRKEL, K. CONLON, P. KINNEY,  
V. B. S. SILVA, W. SOLECKI, AND T. M. SURGEON ROGERS

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Viviane Silva, Bill Solecki, Tonna-Marie  
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