

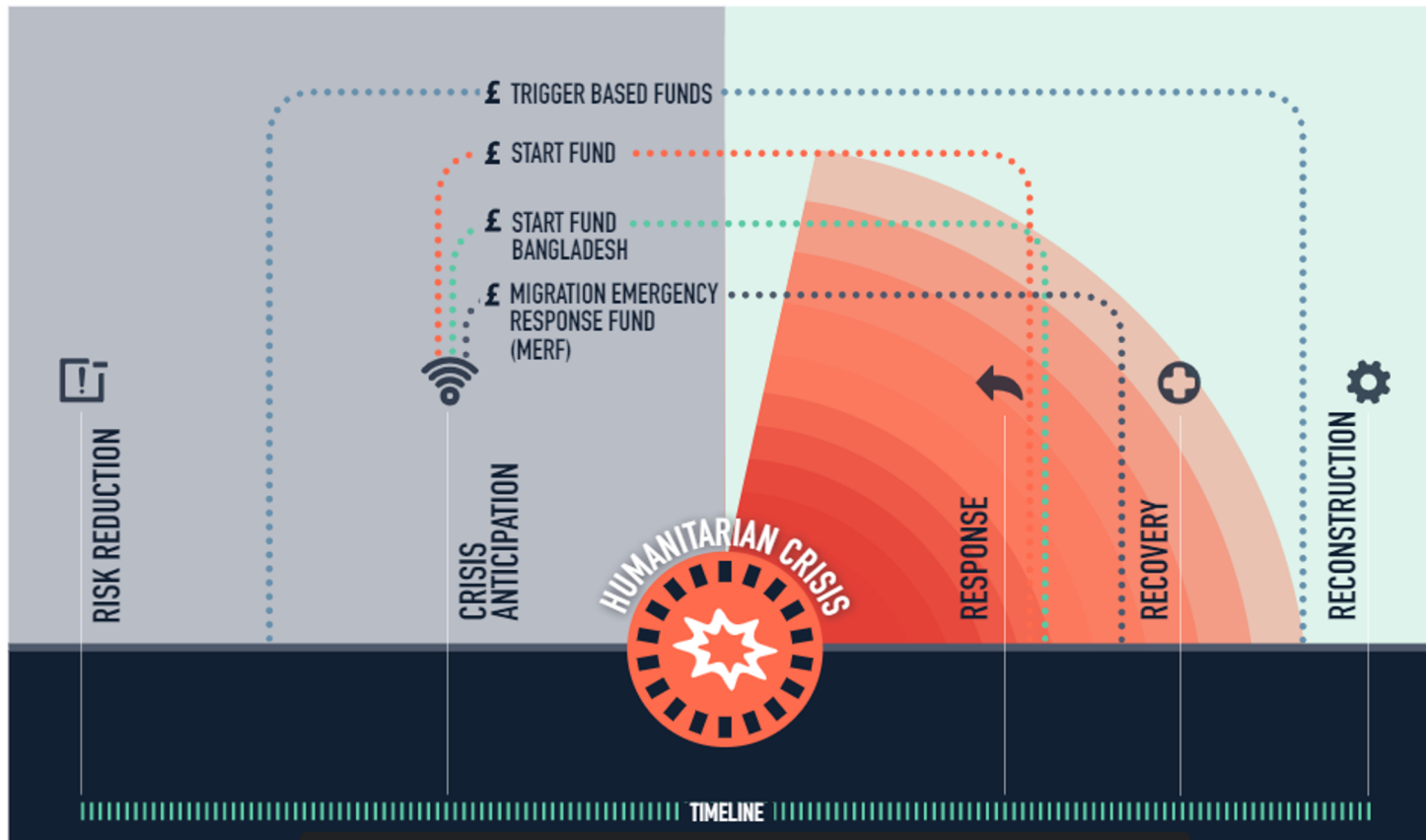
# Managing extreme heat Pakistan

Forecast-based action in Karachi, and its impact on Karachi residents

**START**  
NETWORK

# PAKISTAN

## DISASTER RISK FINANCING (DRF)



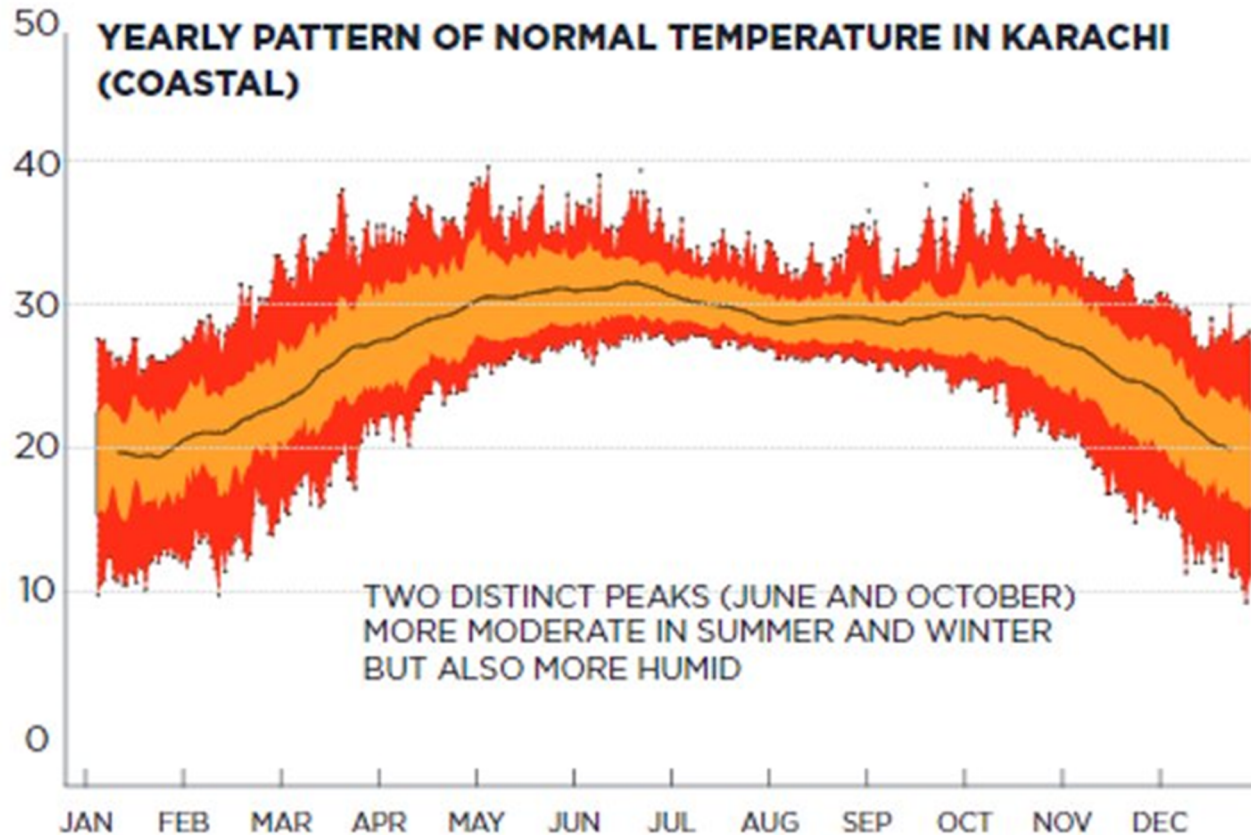
**IN THEORY (recap for many of you!)**

DRF has 3 pillars:

1. **Quantifying risk (& setting triggers)**
2. **Pre-planning activity**
3. **Pre-positioning financing**

The aim is to move from *responding* to disasters, to *managing* risks before they turn into crises.

# Timeline for 2020 model: May and June



Black line shows the most common (median) temperature for the time of year, orange zone is the normal variation around that and red zone is a more extreme variation. Note that this is an average over a region, so individual weather stations (especially in urban areas) will record more extreme temperatures.

- The hottest part of the year is the heat season from March 31<sup>st</sup> to October 31<sup>st</sup>.
- Heatwaves are common in May and June and should end with the monsoon rains in July.
- Impacts of heatwave can be both direct and indirect.

# Threshold 1: Commissioner Office Karachi

IF THE FOLLOWING CONDITIONS ARE MET, THEN FUNDING WILL BE TRIGGERED:



10 DAYS



$\geq 42^{\circ}\text{C}$



$\geq 30^{\circ}\text{C}$



Over any 10-day forecast period,  
but not in the 3 days following the  
day of the monitoring due to  
operational reasons

Maximum day  
temperature  $\geq 42^{\circ}\text{C}$

Night temperatures  
not dropping below  $\geq 30^{\circ}\text{C}$   
for 2 consecutive days or more

Funding

Temperatures should be taken from the 10-day meteorogram for Karachi:

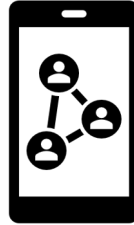
<http://www.pmd.gov.pk/meteorogram/sindh.php?district=Karachi&division=Karachi>



# Heatwave actions:



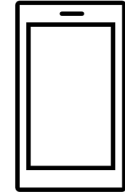
**Preventative heatwave  
messaging  
disseminated via FM  
radio**



**Preventative heatwave  
messaging shared on  
social media**



**Provision of 70  
umbrella shades with  
heatwave messaging  
distributed to police  
authorities**



**Preventative SMS  
messaging sent to  
target populations  
(50,000 SMS blast  
per day)**

# Research questions:

- 1) Which channels are most effective for transmitting heatwave messages?
- 2) Have we impacted knowledge and practice of participants related to heatwave?
- 3) What are people's attitudes to receiving further messages?
- 4) Are people reporting symptoms due to extreme heat? If so, are any demographic groups more likely to report experiencing symptoms?

## INTERVIEWEE CHARACTERISTICS

### GENDER



### EAST KARACHI 22% KARACHI CENTRAL 15%



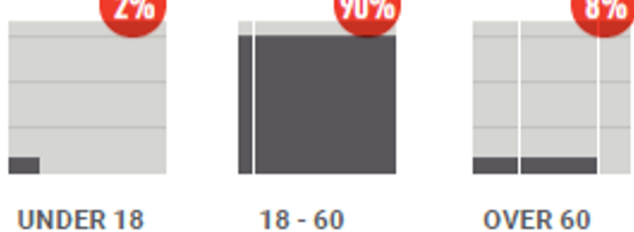
### MALIR 18% SOUTH KARACHI 16%



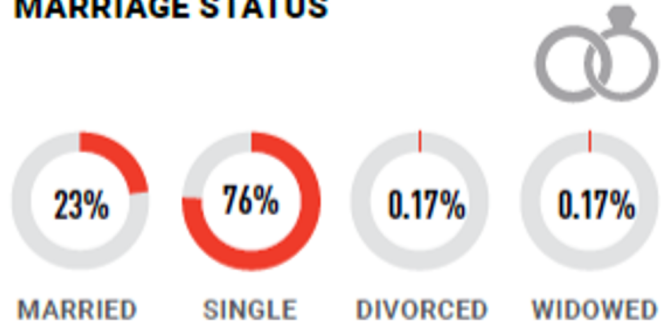
### KORANGI 16% WEST KARACHI 13%



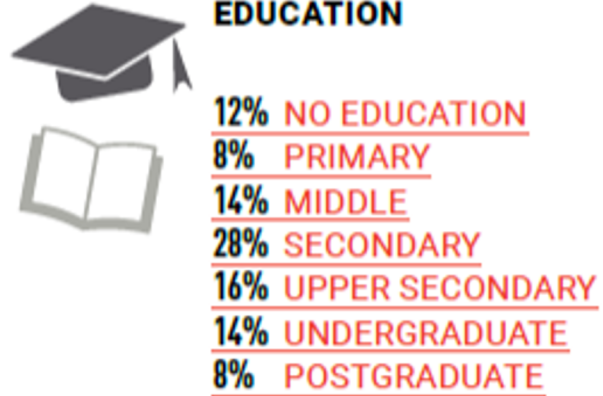
### AGE



### MARRIAGE STATUS



### EDUCATION



19.1%

of respondents reported using air conditioning during the month of May.



601 respondents were randomly sampled from the list of recipients of the SMS messages

# How did people receive



**60%**

OF PEOPLE SURVEYED HAD  
RECEIVED HEATWAVE MESSAGES  
THROUGH SOCIAL MEDIA

**100%**

OF THESE WERE  
THROUGH FACEBOOK



COMPARED TO

**19%**

THROUGH  
FM RADIO



**30%**

THROUGH  
TELEVISION



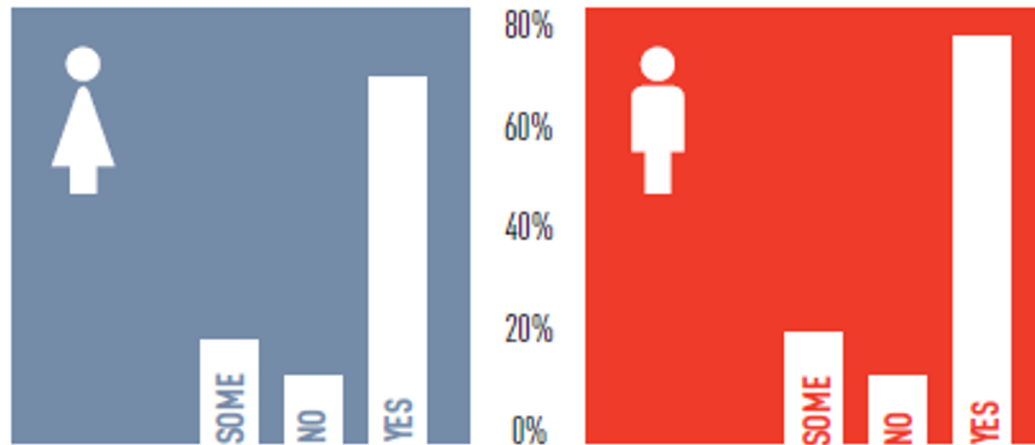
**16%**

THROUGH  
A FRIEND.

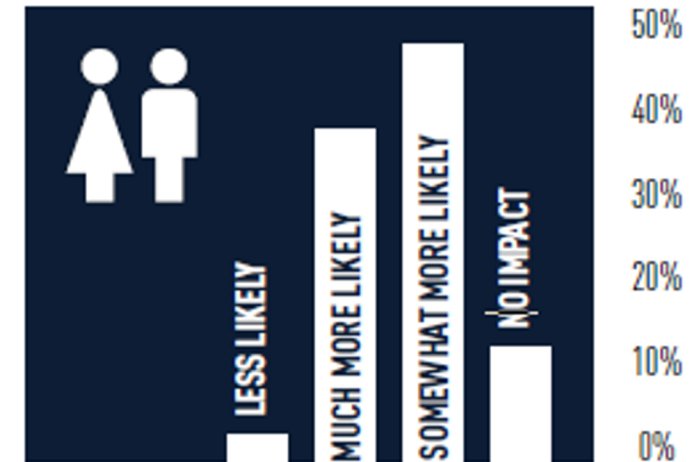


# What are attitudes to receiving

WILL YOU FOLLOW ANOTHER HEATWAVE MESSAGE IF YOU RECEIVE ONE?



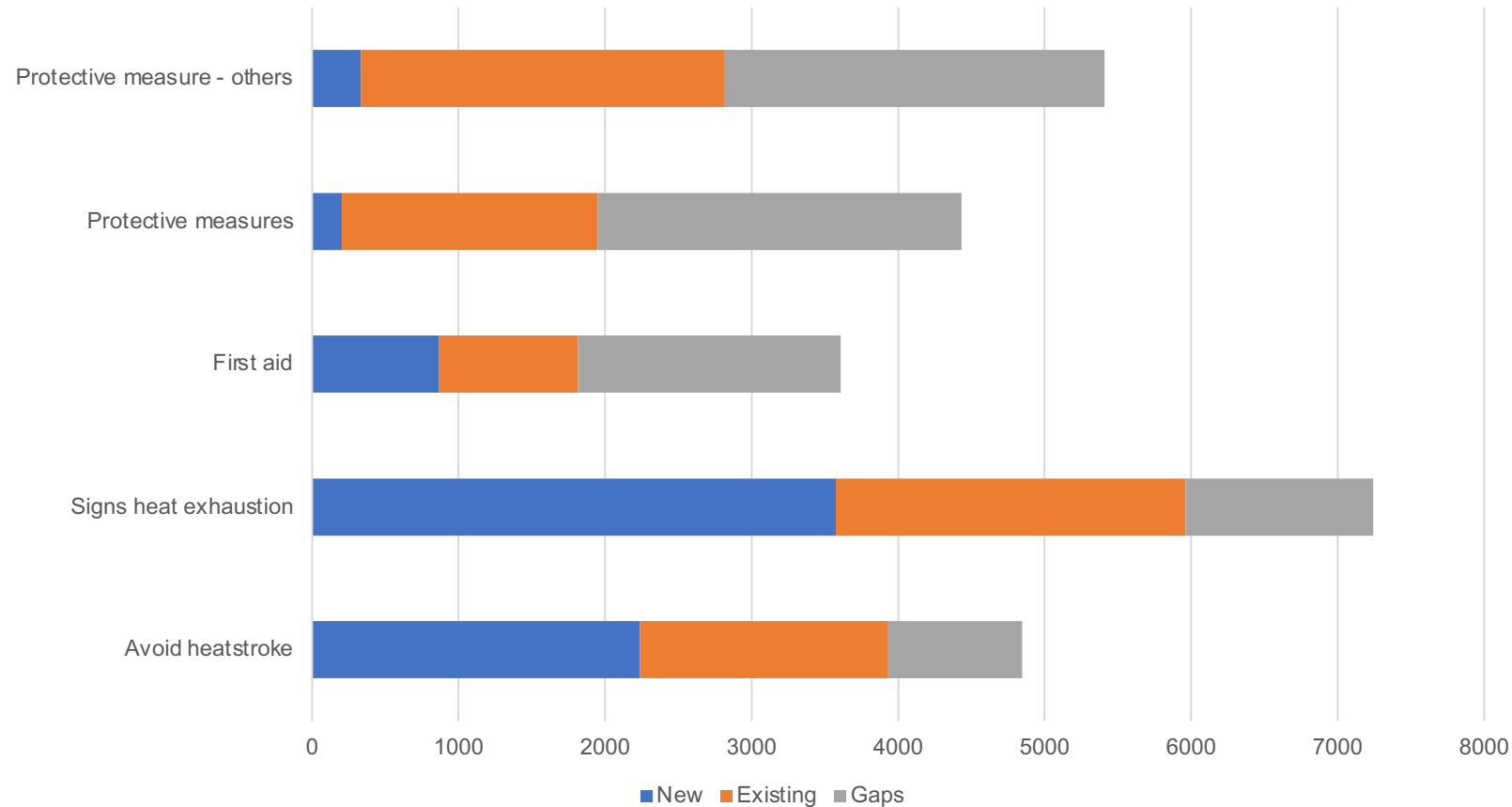
IF MESSAGING CONTAINED A WARNING OF EXTREME HEAT, WOULD YOU BE MORE LIKELY TO FOLLOW IT?



- 90% of respondents reported that they will follow all or some heatwave instructions if they receive more
- 84% of study participants would be either 'somewhat' or 'much more' likely to follow heat related advice if it also contained a warning of extreme heat
- Those said they will not follow further instructions fell almost equally into two camps, the first citing time or resources constraints and the second saying they might forget or needing additional messaging

# Changes in knowledge and practice following the campaign

Summary: knowledge and protective measures



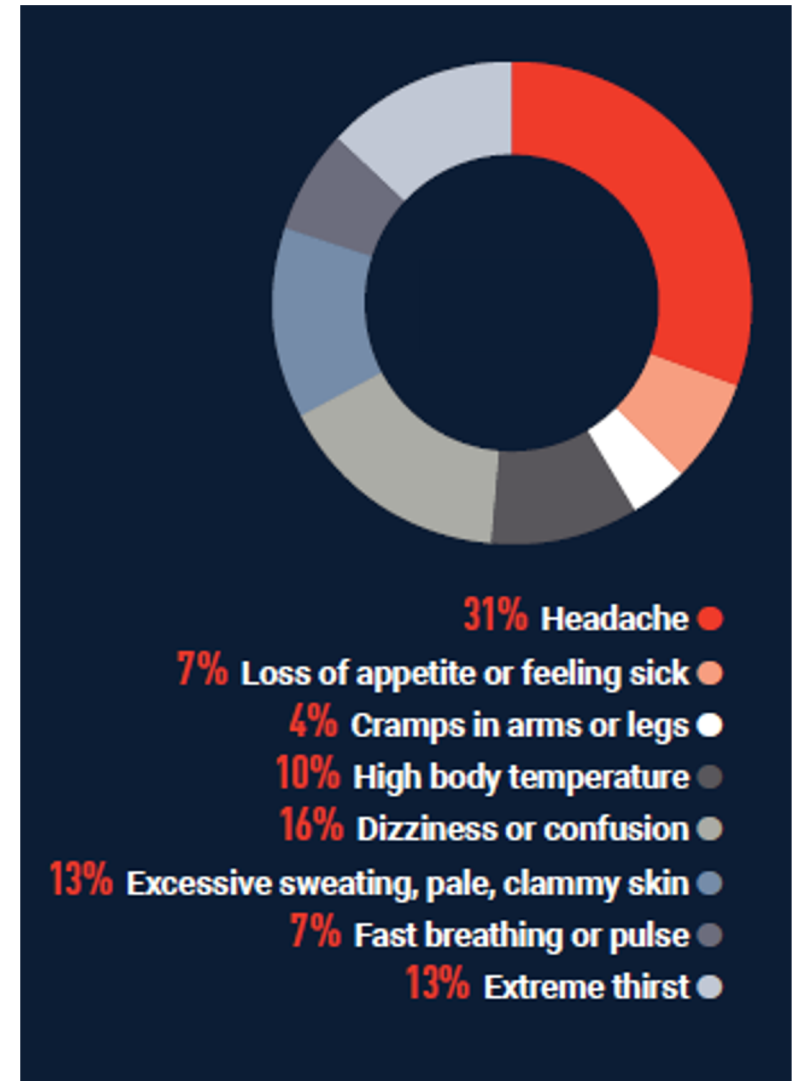
Blue = new knowledge or protective measures, since messaging campaign

Orange = existing knowledge or practice respondents already had

Grey = gaps

# Are people reporting symptoms due to extreme heat? If so, who?

- 7% of survey respondents reported suffering symptoms due to extreme heat since the messages. 8.3% of the sample said they had experienced heatstroke in previous years
- All demographic variables were tested to see if they appeared to impact likelihood of reporting symptoms due to extreme heat; no connections were found
- Average knowledge and practice scores were compared between the those with and without symptoms. There was no significant difference in knowledge between respondents who did and did not report symptoms of extreme heat. Those with higher scores for practice were more likely to report experiencing symptoms.





## Further questions

1. How to access more reliable data on heatwaves symptoms and harm?
1. How to address gendered differences in access to heatwave information?
1. How to ensure people who pick up messages share them?
1. How to bridge gap between knowledge and practice – what more can we do?